

# *The Silent Spring of 2020*

*Uncovering the Illusions  
We Thought Were Real  
and the Reality  
We Thought Was Impossible*



*By Cheri Avery Black 1st Edition of "Cheri's Queries" July 2020*

## *The Silent Spring of 2020*

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We encourage you to write a review of *The Silent Spring*. We are truly interested in hearing from you. Please contact us at [cblack7020@gmail.com](mailto:cblack7020@gmail.com); phone and WhatsApp 876.517.8504.

*TopazDreamPalace.com*, guest home in Montego Bay, Jamaica;

*CheriAveryBlack.com*, memoir and full bio; *Live-ItUp.com*, e-books on healthy living.

Facebook Pages:

*Alkalife Jamaica*, health promotion retreats and organic farm tours;

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### Introduction: Seeing With New Eyes

Click on the [highlighted](#) words for links to references.



In early April 2020, I began writing my bimonthly one-page, motivational column entitled “Thought Bubble” for [FunTimes Magazine](#). In my recent columns on climate change, I sounded an alarm about the imperative to act urgently and suggested linking up with international, national, local, and regional activist organizations.

Ironically, as if responding to the critical call to alert more people to the expanding environmental crises, the [Covid-19 Pandemic](#) had arrived!

My husband and I were living in Jamaica, the Pandemic [lockdown](#) was in full force, and our first grandchild was born a month earlier in Philadelphia. Our great grand nephew was a year and a half old in Salt Lake City. Other family newborns were living near us. All precious!

With their births, the compelling need to heal the environment became even more “up close and personal” to me. I thought of the couples who were questioning whether or not even to bring children into such a dire reality.

I asked myself, “What can I do to help ensure a better future for our families?” I reviewed the research I used in 2013 to help my body heal from a grim Stage 4 Lung Cancer diagnosis. With guidance from natural healing websites and practitioners, as well as supportive family and friends, I focused on eating organic vegetables and berries, nuts and seeds, eliminating all animal, dairy, and wheat products, sweeteners, sugar, and processed and fast foods. I meditated, exercised, and detoxed my body to flush out the toxins which had helped sickened me. In just three months, the cancer was gone!

### An Environmental Threat We Can Stop Now

Surprisingly, in my review, I found one *source* of these toxins that humans have direct control over and can readily stop! Unlike many problems, the solution was simple, yet the application was not going to be easy.

First of all, most people, understandably, would doubt my sanity if I suggested this *source* was NOT the *salvation* for human survival, as many thought. Afterall, authorities from across the world had made this claim for over one hundred years. How could it not be true?

Then I discovered a report that showed more than half of the American children had chronic illnesses, and that seven out of ten U.S. deaths were caused by chronic illnesses. Major causes of these illnesses have correlations with toxin exposure from diverse sources.

How likely could it be that this *source of toxic material* was a major cause of our disabilities and deaths? Why are many persons vulnerable while others aren’t? It was going to take more than one page of evidence to convince me that we have been so terribly duped.

But the evidence was there to find. One doctor had compiled a report with 1,400 research studies showing proof of serious correlations.

There are websites, books, articles, and films, many including family testimonies detailing direct harm done to them and their children by this *source*. I had to cry. Their stories propelled me to proceed with my research.

I then found some miraculous data that the fearful Covid-19 Pandemic lockdown seemingly provided! The *withdrawal* of this targeted *source* was also correlated to the cause of this "miracle!" This offered another plausible incentive to question the *source's* sanctity.

My discoveries are presented in this e-book along with instant links to a wealth of detailed references for your consideration. I encourage everyone to question what we've been told and to become well-informed. Each of us has the right to reach our own conclusions.

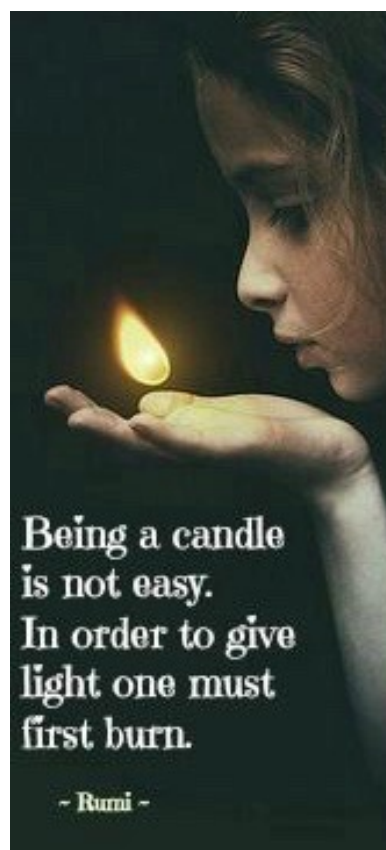
And we have the right to take control of our own health and be guided by a quote from Hippocrates, the father of medicine, "Let food be thy medicine, and medicine be thy food." This means whole-plant organic fruits, vegetables, seeds, and nuts that are free of antibiotics, pesticides, GMOs, herbicides, hormones, and other chemicals that we must collectively demand be eliminated. And, when possible, to grow our own food.

We must change what our US government subsidizes, not 14 ingredients in Twinkies, as it does now, but the growing of healthy crops like broccoli, urges Ocean Robbins, CEO, [Food Revolution.org](https://www.foodrevolution.org/). Let's have fun with national challenges to get fit. It's time to start taking good care of ourselves, and putting our money where our health is, not where our disease is.

Please contact me at [cblack7020@gmail.com](mailto:cblack7020@gmail.com). Let me know if any links don't work for you so I can let you know what the references are. I will enjoy hearing what stands out for you once you read this narrative, as well as any other comments. You are invited to stay tuned for follow-up editions of "Cheri's Queries."

### Silent Spring Chapters

- Introduction: Seeing With New Eyes, pg. 2
- Dedication, 4
- 1. Where Love is a Mask, 5
- 2. Reasonable Doubt, 11
- 3. Curiosity, Common Sense & Critical Thinking, 13
- 4. Why Are Half Our Children Sick? 15
- 5. We Were Misled About Smallpox and Polio, 20
- 6. Supreme Court & WHO Express Concerns, 23
- 7. Changing the World by Changing Ourselves, 27
- References, 35
- Epilogue, 38



***We can be whatever we have the courage to see. Alexandria Ocasio-Cortez***

***Dedicated to  
Our Grandson Cassius  
and  
Our Great Grandnephew  
Mateo***



*In the U.S.A. 58,381 vaccine injuries, including 412 deaths, were reported in 2018 alone. Even so, this is estimated to be fewer than 1% of probable cases. (Dept. HHS)*

*Click on this link for a 5-minute video overview:  
[Your Children, Your Choice](#)  
highlighting heart-breaking tragedies correlated  
with [fraud](#), [financial incentives](#), [coverups](#), and  
[conflicts of interest](#).*

*Increasing [numbers of parents](#)  
are refusing to participate in this illusion.*



Click on the [highlighted](#) words for links to references.

### Chapter 1: Where Love is a Mask

*It was the [best](#) of times, it was the worst of times,  
it was the age of wisdom, it was the age of  
foolishness, it was the epoch of belief, it was the  
epoch of incredulity, it was the season of light, it was  
the season of darkness, it was the spring of hope, it  
was the winter of despair, we had everything before  
us, we had nothing before us...the period was so far  
like the present period.*

*A Tale of Two Cities (1859) by Charles Dickens.*



### Can 2020 possibly be the best of times?

Massive evidence is tipping 2020 toward being the worst year in modern history...to date. Please Stop! This craziness has gone too far.

Must we accept this reality...where love is a mask, environmental destruction is rampant, our elders are unfortunate collateral, and our loved ones are killed by authorities in front of our global eyes? The human species seems to be dangerously out of balance and sending many other species to extinction ahead of us. What we think is the worst is sliding down a slippery slope and actually getting even more dire.

This reality is full of disruptive fears...of each other, of disease, and of scarcity. Did we bring this on? If so, who are "we"? Our government leadership, oversight agencies, and other institutions entrusted to protect us? What has caused this grave imbalance which is bringing the world to a precarious tipping point, threatening our very existence? It certainly doesn't seem to be a place that is welcoming to new innocent life. Can we point to a [small elite network](#) as the culprit?

Author David Korten called them the [Empire](#). Victor Perlo described their foundation as the [Economics of Racism](#). Shoshana Zuboff documented the growth of [Surveillance Capitalism](#). Nancy MacLean outlined how the U.S. has become a [Democracy in Chains](#), Jane Mayer revealed the history of [Dark Money](#), Sarah Chayes wrote [On Corruption in America](#), Naomi Klein warned us of [The Shock Doctrine: The Rise of Disaster Capitalism](#) and, most recently, of the [Screen New Deal](#).

Every aspect of life now seems to be orchestrated by a small ruthless ruling class of [oligarchs](#), [plutocrats](#), and [kleptocrats](#) known as the "1%." They are blatantly sucking up obscene wealth via Agribiz, Big Pharma, the Military-Industrial Complex, Big Tech, Wall Street, and the Insurance and Fossil Fuel Industries, and likely, at the top, the Global Banking Cartel. What the 1% wants [becomes what economic science](#) says we must do.

[These profiteers](#) have no interest in making the world better for all. To the contrary, they benefit from the dystopian wars, poverty, divisiveness, xenophobic terrorism, restrictions of human rights, hunger, [mass incarceration](#), child labor, extreme social and economic inequity and injustice, hunger, homelessness, human trafficking, Nuremberg Code violations, [toxic chemicals and GMOs in our food, water, and air](#), and destruction of our trees, plants, animals, fish, birds, and bees.

This endless list goes on with: increasing [surveillance](#) and [radiation](#) via [EMFs](#), endocrine disrupting [synthetic chemicals](#) eroding our intelligence, development and growth, disease-resistance, fertility and reproduction, and with false claims of safety, [political opportunism](#), and “[adverse events](#)” caused by vaccines, as well as toxins found in pharmaceuticals...all resulting in man-made injuries, disease, and death.

Most alarming, are some among this 1% also stealthily manipulating an increased control of the bodies and minds of our world's population? There is growing proof that they have procured and censored science and news, and have developed technology posing as convenience and so-called “[benign](#)” [tracking tools](#) for the “good of the community.”

As these profiteers search for belonging, security, respect, happiness, and love ([yes, they're human](#) too) they are being misled by an insatiable worldview that feeds on a sense of superiority, greed, competition at all costs, violent chauvinism, and desire for control. Fortunately, they are standing on a [shaky ground](#) of lies, as they claim their procured science to be settled and their rule as God-given. They dismiss thousands of families' experiences and discredit a myriad of independent research studies that counter theirs.

They prop up their elevated status by instigating F.E.A.R or [False Evidence Appearing Real](#). Chronic fear is a powerful [mental contagion](#) that can [spread faster](#) than any virus. Fear as stress consumes and redirects our energy away from the maintenance of our health. This [weakens our immune system](#), makes us more susceptible to illness and disease, and clouds our [reasoning, memory, and ability to focus](#).

The [profiteers are supported](#) by an expansive host of wannabes, as well as those distracted by the demands of daily life. How many of us does that include?

**Truth wears no mask, she seeks neither place nor applause, bows to no human shrine; she only asks a hearing. Anonymous**

Caring deeply for life, persons who have long been aware of this slippery slope into extinction struggle on a daily basis to function and create. They must constantly counter an underlying depression and sense of despair.

Fortunately, times are changing...given enough of us act with positive intention...in community...and quickly!



**Incredibly, this slippery slope IS the best of times!**

Astrologers alert us that an amazing [global shift in Consciousness](#) is raising us to a higher level of energy vibration, uplifting us into an inspiring and hopeful [spiritual renaissance](#). This also is resulting in the collapse of “structures” built on the lower vibrations of the “Empire,” being experienced as tumultuous by many. It has gotten so blatantly bad that multitudes are fed up and demanding change.

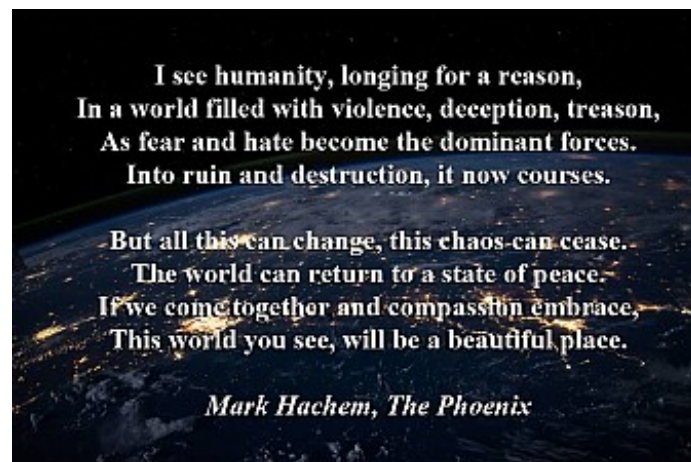
Social justice activist Sonya Renee Taylor writes simply, “We are being given the opportunity to stitch a new garment. One that fits all of humanity and nature.”

Is there a growing recognition that these profiteers seem more powerful and their messages sound more truthful, because the rest of us have been duped into deference and/or impotence and have allowed it? It is imperative that we take responsibility for our part in causing this predicament. Fortunately, organizations such as [Children's Health Defense](#), [ICanDecide](#), [Stand for Health Freedom](#), [350](#), [Leap](#), [Extinction Rebellion](#), [Sunrise Movement](#), [Black Lives Matter](#), [Pachamama Alliance](#), spiritualists, visionaries, and other outliers remind us of a [different story](#), our birthright, our natural state of being.

This story is based on a worldview guided by [Love](#), collaboration and community. [This Consciousness](#) needs only a little more critical mass to tumble the current reality's tipping point into a world that “fits all.” Those of us motivated by Love for humanity and for our Earth are energized by the assertion that [we were born to be here](#) now to help.

With gratitude, we are taking advantage of these crises to [regenerate our common body](#). There is a call for more people to climb out of their unconscious [programmed victim status](#), to summon courage, and to take responsibility for life in a different way.

In a Sierra Club magazine article, “Racism is Killing our Planet,” Hop Hopkins writes, “if we valued everyone's lives equally, if we placed the public health and well-being of the many above the profits of a few, there wouldn't be a climate crisis. There would be nowhere to put a coal plant, because no one would accept the risks of living near such a monster if they had the power to choose.” He asserts, “The ideology of White supremacy leads the way toward disposable people and a disposable natural world.”



The [Rev. Dr. Matthew Fox](#) brings forth St. Thomas Aquinas' wisdom to aid us in these times. so potentially terrifying. [Aquinas](#), a 13<sup>th</sup> Century Dominican priest and rebel, urged humankind to “preserve things in the good.” He took seriously the maxim that “Grace perfects and builds on nature; it does not set it aside or destroy it.” Fox asserts, “By affirming and preserving Aquinas' belief in ‘original goodness’ and freshness of creation—what could be more ecological?”

“Aquinas testified to life expressions of many young adults over this world who have been acting upon the inner tug of Spirit to move forward in daring to build a radically different world where justice is the foundation, elitism is no more, and tenderness is our culture. We do not have the luxury of time to allow external forces to keep us from giving birth to new realities of global justice and cosmic oneness. We must embrace the beautiful wisdom in this book and get to work,” writes Rev. Jerry Maynard, millennial activist priest, in the Afterward of Rev. Fox's book [The Tao of Thomas Aquinas](#).

Congressman John Lewis's parting message in July 2020, included these inspiring words to take into our hearts: “Democracy is not a state. It is an act, and each generation must do its part to help build what we call the Beloved Community, a nation and world society at peace with itself.



## *The Silent Spring of 2020*

"Ordinary people with extraordinary vision can redeem the soul of America by getting in what I call good trouble, necessary trouble. Voting and participating in the democratic process are key." Lewis was an effective leader using "Love as Power" in what he called "the Nonviolent Movement for America."



The time has come for us to cancel our complicity, and together embrace the empowered passion of standing up for a democratic, ecologically sound, socially-just world that works for all. As we [let go of fear](#), a disease, we are opening up a vital public conversation about science, health, rights and responsibility that is spreading, despite attempts to censor and block the movement.

### **Our Own Silent Spring**

The 1962 publication of Rachel Carson's book [Silent Spring](#) exposed the adverse environmental effects caused by the indiscriminate use of pesticides. It was much maligned by Monsanto, the agrochemical and biotech corporation now owned by Bayer, and even disparaged by the U.S. Department of Agriculture.

Yet, in response, starting in the 1970s, Congress established the U.S. Clean Water Act and an array of air-quality and other environmental as well as species protections. Why have we allowed these [protections to be eliminated](#), further exacerbating our vulnerability? We must quickly reverse these regressions.

"Only a crisis, actual or perceived, produces real change. When that crisis occurs, the actions that are taken depend on the ideas that are lying around." In quoting Milton Friedman, one of history's free market economists, author Naomi Klein, stated that he was wrong about a lot, but he was right about this.

"In times of crisis, seemingly impossible ideas suddenly become possible. But whose ideas? Sensible fair ones designed to keep as many people as possible safe, secure, and healthy," Klein writes.

The stillness of the 2020 stay-at-home "silent spring" has provided space for many of us to seek Love's power in our souls [where goodness lies](#). We now are offering up our unique ways to contribute to creative change, connecting with others of like mind, and strengthening our foundation of resolve.

Building on Carson's catalyzing book, and using our own *Silent Spring of 2020* as a springboard, we are launching a quickened transformation of our reality.

As a humble novice, I understand that a first step is to question what we are being told is an inevitable reality, to educate ourselves. This can feel akin to allowing the familiar rug of "what we know" to be jerked out from under us. We have to be OK with tumbling around in uncertainty and being scorned as crazy or a threat to society...for a while.

"Everyone is my teacher. Some I seek. Some I subconsciously attract. Often I learn simply by observing others. Some may be completely unaware that I'm learning from them, yet I bow deeply in gratitude."

## One Love

To stabilize, we can hold on to prophet Bob Marley's mantra, "*One Love*" that I have come to embrace as an uplifting, unifying expression of the creative "*Cosmic Consciousness*." I capitalize the word *Love* to clarify that I'm not referring to an unreliable and vulnerable emotion, but rather the "*Living Force*" in all life that inter-connects us. Marley also urged humankind to "emancipate yourselves from mental slavery...none but ourselves can free our minds."

Pressing events can focus us on the question, "What must we do to free our minds, so we can live our best lives?" Even though the answers to the question may seem impossible, I am discovering that many of the solutions are already in existence, waiting for our political will to apply them. I am reassured by my "inner-truth" that there is still time left to recreate this world based on empowering Love rather than paralyzing fear.



One pressing event, closest to my heart, was the birth of our first grandchild in March 2020. His smile IS so *contagious*, isn't it! "Take some moments to smile and say ahh, while you also give thanks for the loved ones in your life," I suggest.

You may ask: "Why do I spoil this warm-fuzzy moment by using that awful word *contagious*?" Does it frighten you back into the reality of the Pandemic restrictions where folks, families, and friends are told they are a danger to each other and, unnaturally, must stay apart to show compassion?

"Do the ways we relate to the fear of *contagion* reflect how we are responding to this reality," I wonder in return. "Is the Pandemic being used to choke us into total submission for a reality even more inhumane yet to come?" This spurs my questioning.

*When we know better, we do better.*  
**Maya Angelou**

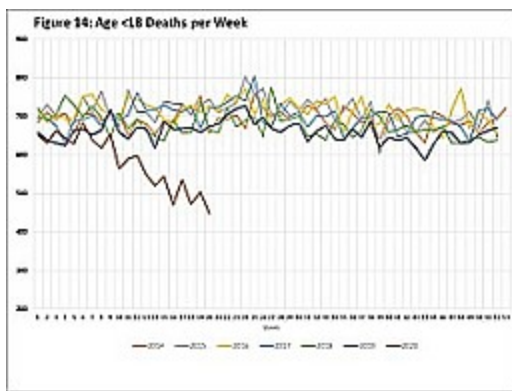
## Our Grandchild and Covid-19

"How can I be a good grandmother?" I ponder. The answer is not as simple as it might have been before the Pandemic. I soon realize that because of the Covid-19 disease, older folks like me are more restricted for our "protection." I can't lean on the familiar past. I can't just joyfully run next door to smother my grandson with kisses. Since now I am in the Caribbean, and he is in the States, I can't even jump on a plane and fly there!

Given the Pandemic "lockdown," there is no way to travel to him. And even if I get there, I can't hug him or even be in his presence. And even if I get within six feet, I'd have to wear a mask, hiding my smile. He would likely be wary, preventing him from recognizing me as one of his loving family.

I feel an uncomfortable void filled with sadness and questioning about what got us into this terrible mess. And more importantly, what can we do to get out of it?

My search leads to an article entitled “*Lessons from the Lockdown—Why Are So Many Fewer Children Dying?*” It features this graph showing the dramatic decline in children's deaths from March through May 2020 (lower red line) compared to the same months during the prior six years. Nearly the entire change came from a 30% decline in infant deaths, with a weekly average of 200 fewer infants dying during this time! Latinxs and Black infants were “saved” at the highest rates!



What may have contributed to this welcome change? The authors disproved many speculations that were raised. However, they did identify a possible indicator that was receiving publicity: health officials were bemoaning a dramatic drop in infant vaccinations.

The *CDC Morbidity and Mortality Weekly Report* also tracked a significant decline in pediatric vaccine doses being administered from March through May. During the lockdown, parents had not taken their infants in for regular well-baby visits. The authors asked, “Are fewer children dying because of the skipped routine childhood vaccines? What else could be making the difference? This recently needs attention.”

This phenomena was referenced as happening in Italy as well, with no [SIDS deaths](#) occurring during the Pandemic, when fewer vaccines were administered.

A [2020 U.S. Pentagon study](#) reported in January found that flu shots in adults likely INCREASE the risks from viruses by 36%. The study concluded that “Receiving influenza vaccinations may increase the risk of other respiratory viruses, a phenomenon known as virus interference. Vaccine derived virus interference was significantly associated with the coronavirus.”

Months later, contrary to the study's findings, well-respected reporters Dr. Sanjay Gupta and Anderson Cooper held a televised [global town hall](#) on “Corona Facts and Fears.” Cooper told the audience, “...if you are concerned about the coronavirus, and you haven't gotten a flu shot...you should get a flu shot.”

Could this urging have contributed to a greater degree of harm from the virus? Could Big Pharma ads, which account for at least [70% of the revenue](#) supporting news programs, have had any bearing on this potentially life-threatening misinformation? This range of questions lead me even more intently toward a focus on [researching vaccines](#), [drugs](#), and [other toxins](#) especially impacting our children and elderly..

A quote by Albert Einstein comes to mind, “The important thing is not to stop questioning. Curiosity has its own reason for existing.”



## Chapter 2: Reasonable Doubt

In 2013, I had “reasonable doubt” about how most people responded when faced with cancer perceived as life-threatening. My search found the right questions and answers that I believe not only helped save my life but also enhanced it. I had a Stage 4 cancer diagnosis with a grim prognosis of less than a 10% chance of surviving five years, only IF I took at least a six-month course of chemotherapy, with the opioid Oxycontin and other drugs.

My common sense rejected what the major media was telling me, and the medical system was demanding as my only choice: to let them inject toxic chemicals into my already “sick” body, which would weaken my immune system, my natural defense against disease.

My questioning led to a way of understanding how my body got “sick” or “out of balance.” In sum, my defense systems were overtaxed from a build-up of an internal acidic environment caused by a poor response to stress, inadequate sleep, lack of exercise, toxins in my food, air, and water, and the final trigger, *methotrexate*.

This drug was prescribed for my rheumatoid arthritis (RA), and I had ingested the six little pills weekly for 20 years. I finally looked at the drug’s paper insert, but only after my cancer diagnosis. It stated methotrexate was a carcinogen. My doctor never mentioned this during my many quarterly checkups as he expressed elation for helping me subdue my RA symptoms.

I learned about the awesome transforming abilities of my body, mind, and spirit, and how to change my lifestyle to create an environment more conducive to natural healing. I selected and applied 15 steps and in *just three months*, the cancer cells were undetectable. This is the seventh year I continue to live in peaceful health and humble gratitude.

Cancer was my warning signal! I offer an e-book on my website [Live-itUp.com](http://Live-itUp.com) describing what worked for me: *“Live It Up: How I Rebalanced My Body from a Grim Stage 4 Cancer Diagnosis in Less Than Three Months! Cancer, Not a Scary Monster...But a Life-Saving Muse.”*

### Vaccines: Miracles or Madness?

In 2020, after our grandson’s birth, my level of “reasonable doubt” skyrockets when I look at the federal Centers for Disease Control and Prevention (CDC) [Schedule of Vaccines](#). It states that before his second birthday, he needs at least 27 injections, as many as 5 shots at a time, then 39 by school age, and 74 shots by age 18. Those numbers have increased nearly every year since 1986. This doesn’t make sense.

On top of that, with the Pandemic, we are told that we can’t get normalized until nearly all seven million people across the world, including babies, are injected by a [miracle vaccine](#). These shots are to save us from a virus that scientists admit is ever mutating. Soon, it was being called a [“Master in Disguise.”](#)

Even before researching the *topic*, my common sense intuitively felt that these injections must, at minimum, greatly compromise our bodies’ natural ability to provide immunities, to adapt, and heal ourselves. I find [doctors](#) questioning the validity of this “settled science” claimed by government officials, select scientists, the [medical system](#), Big Pharma, and [media](#).

Intuition is for thinking what  
observation is for perception.  
Intuition and observation are the  
sources of our knowledge.

— Rudolf Steiner —



It's comforting to find I am not alone in noticing that the widespread assertions and resulting censorship in the media too closely adhere to the messages backed up with \$30 billion in [medical marketing](#) from [Big Pharma](#). Is it possible we been captivated by all their mythical propaganda? How can we discern what is safe?

What has happened to peer reviews, now touted as being [too slow](#), before studies are published? Readers haven't adjusted to the process and still act on the unreviewed findings. [Science magazine](#) reported on June 4th, "In the first big research scandal of the Covid-19 era, two elite medical journals, The Lancet and The New England Journal of Medicine (NEJM) *retracted* the papers after a company declined to make the data used available for an audit after questions were raised about the research.

The *Lancet* paper, claimed an antimalarial drug touted for the treatment of Covid-19 could cause serious harm without helping patients. It had a global impact. The paper caused the halt of the drug trials by the World Health Organization (WHO) as well as others, even as there was no documentation. These actions help reveal the complexity which is involved in finding reliable data.

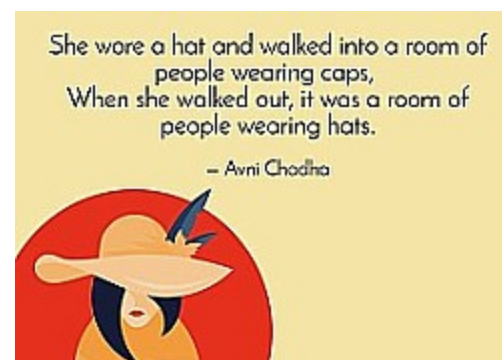
There are so many predatory toxins that are "wolves in sheep's clothing." Increasing numbers of persons are suffering, Oliver Broudy wrote in [The Sensitives: The Rise of Environmental Illness and the Search for America's Last Pure Place](#). I keep finding coincidences, correlations, contradictions, and conflicts of interest that raise my eyebrows "high above my head."

I am [assured](#) through this linked site and others that my choosing to shine a light on one culprit will also brighten the lights helping eradicate other interrelated causes of our crises, as well.

Many sites dismiss my questions as frivolous. I read them with an open mind, yet, I find my type of questions have been asked by scientists, researchers, doctors, nurses, authors, film makers, and families since the 1800s. They report differing findings that seem credible. Rather than ignoring these sources because they are stigmatized, I read their works and listen to their interviews about their motivations and what they used to come to their conclusions. Then I come to mine, still holding on to my skeptical curiosity.

My bottom line is choice. It's fine if anyone wants to be vaccinated. I just ask people to consider: if we don't want to accept vaccinations as they exist now and can be coerced into being injected with foreign substances against our will, that is a violation of our most precious rights: our right to bodily integrity, to religious freedom, to parental decisions, to refuse medical procedures, to informed consent, to due process, to equal protection. If the government can inject us now with chemicals that we oppose, what can they not do to us tomorrow?

Knowing that most people don't have the time to sort through all these details, I highlight them here. I invite you not to miss out on this journey of discovery, no matter what hat(s) you wear...perhaps you'll choose the one marked "curiosity," or the incredulous "sci-fi," the skeptical "no way," or the "just in case." You might be up for the "myth-busters" hat, or already have on your "I'm with you" activist hat. You're all welcome!



## Chapter 3: Curiosity, Common Sense, and Critical Thinking

### Exploring and Creating with Love

In preparing for this journey, I encourage you to [ground yourself](#) in Love (with a capital L), not as an emotion, but as a great power that we can draw upon to create the world we want. Creativity is Love's expression in the world to be shared and enjoyed by all. In a state of Love, our hearts are opened, and our senses are heightened, as is our awareness.

When we live with curiosity coming from our hearts, we tap into the source of imagination. Our creative juices flow unrestricted and often manifest as fresh ideas for problem solving.

Consider that we are [Love and Light](#), sending out frequencies of creativity and wisdom. We are meant to shine and brighten the darkness. True reality becomes more vivid, and the expression of this higher state of Consciousness infuses our daily life with new color, joy, and excitement.

Marianne Williamson stated, "Love is what we were born with. Fear is what we learned here. The spiritual journey is the unlearning of fear and prejudices and the acceptance of Love back in our hearts. Love is the essential reality and our purpose on earth. To be consciously aware of it, to experience Love in others and ourselves, is the meaning of life. Meaning does not lie in things. Meaning lies in us."

Re-attuning to [Love is not so much](#) about ignoring or denying fear and the resulting stress, as it is about peeling back the layers, releasing Love's protective power, and creating the change we want.

One stress we cannot ignore is caused by racism. April Thames, a clinical neuropsychologist, writes "With respect to Covid-19, African Americans represent only 13% of the U.S. population, [yet 33% of hospitalized Covid-19 patients](#). Many [public health officials](#) say that the reason for these disparities may be their higher incidence of [chronic medical conditions](#).

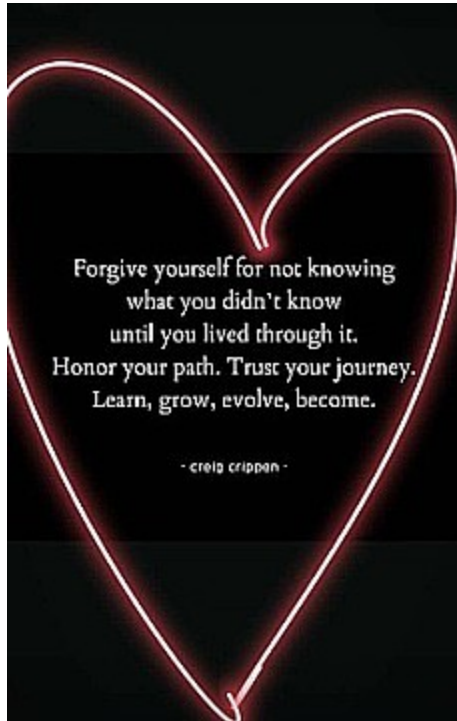
"Racism is an uncontrollable, unpredictable, and chronic stress that can wreak havoc on the mind and body...a stressor that has been linked to poor health, [inflammation](#), and [premature biological aging](#)." She explains that there is more to the story in her article "[The Chronic Stress of Being Black...](#)"

### Questioning

[AMoreBeautifulQuestion.com](#) hosted by Warren Berger, an American journalist and author, suggests that questions are empowering if they "begin to shift the way we perceive or think about something that can serve as a catalyst for (positive) change."

"He defines three types: 'Why' questions are ideal for coming to grips with an existing problem, helping us to think critically why the problem exists. 'What if' questions are used to explore new ideas and to challenge beliefs. Questions that start 'How might we?' have the potential to transform possibility into reality.

***The great enemy of the truth is very often not the lie—deliberate, contrived and dishonest, but the myth, persistent, persuasive, and unrealistic. Belief in myths allows the comfort of opinion without the discomfort of thought. John Fitzgerald Kennedy***



My life, as well, has taught me that questions can be particularly helpful when question-asking goes against social norms. That time is certainly now.

I have researched these questions about vaccines and present them to you with resources that expand on, and most times, counter the selected, procured, and edited science touted in mainstream media. I assert they are credible questions, experiences, and findings, even though many have been defamed and hidden. With Love, I offer you a sampling of “why,” “what if,” and “how might we” questions worthy of your curiosity, consideration, common sense, and critical thinking.



## Why

Why are there no widespread federal programs honoring our amazing **bodies'** **regenerative and adaptive abilities** through healthy **lifestyle options**? Is it because they can't be patented for profit? We can choose to prevent contagion and enhance our health with **nutrition**, rest, movement, social supports, minerals such as zinc and magnesium, and vitamins such as A, C, and D, and meditation to center our souls and reduce our harmful responses to fear and stress.

Why aren't we taught the critical importance of a clean **environment** for the health of humans and all living things, including our home, Mother Earth?

Why don't we demand that our air, water, food, and building, household, cosmetic, and cleaning products be free from toxins such as pollution, pesticides, herbicides, antibodies, and synthetic hormones. Why don't we insist our **government enforce** necessary regulations to keep them and us toxin-free?

Any belief system that is based on fear,  
encourages weakness, sanctions  
Intolerance threatens vengeance,  
promotes passivity and requires you to  
relinquish your personal power is doing  
you a disservice.

— Walt F. J. Goodridge —

“**Belief and fear** are powerful influences on our psyche. Because hierarchical powers have exploited these human vulnerabilities, they have unfortunately shaped the world. People are led to believe that the world is a dangerous place, so only institutions and governments can provide protection. (They then) lose trust in their capabilities and thus surrender thinking and decision making to others,” state *Dissolving Illusions* authors.

## Chapter 4: Why Are Half of our U.S. Children Sick?

Why are parents not educated about studies showing [unvaccinated children](#) are much healthier and disease resistant throughout their lives? Hasn't this enabled Big Pharma to amass huge profits by misleading the public and generating actions contrary to good health?

The [Childrens Health Defense](#) (CHD) non-profit has posted over 60 vaccinated vs. unvaccinated studies. All show better health in unvaccinated children. The CHD has NOT found any studies that show vaccinated children have superior health outcomes.

Why are vaccines not considered human experiments, thus incompatible with the Nuremberg Code and the Hippocratic oath (do no harm)? There are [NO studies showing that injecting multiple vaccines](#) together is a safe practice, while there are many studies showing the opposite. There are [NO scientific studies](#) proving the safety of the adjuvants in vaccine formulas. (Adjuvants are ingredients in vaccines used to create strong immune responses, and they include aluminum, mercury/thimerasol, formaldehyde, and many others.)

Bioethicist Arthur Caplan writes, "The Nuremberg Code *rejects* the argument that benefits for the many justify the sacrifice of the few. No matter how valuable, each experiment requires the expressed voluntary consent of each person. The [right of individuals to control their bodies](#) tops the interest of others in obtaining knowledge from them." Yet, there is a history of [human experimentation](#) in the U.S.

The third leading cause of [U.S. deaths](#) is medical procedures such as [prescriptions](#) and errors. [Deaths](#) from vaccines are "played down" by the medical industry and benignly referred to as "adverse events."

Why aren't health officials asking, "What is making our children so sick, and what can we do about it?" Everyone, [parents and families](#), educators, health care and insurance providers, the military, and businesses, has a stake in finding the answers and fighting to restore our children's health.



Why are parents who choose [not to vaccinate](#) in favor of natural immunities, or to follow an alternative [schedule](#), vilified and villainized as a danger to public health? There is ample evidence that vaccinated persons, while asymptomatic, can "[shed](#)" [viruses in more virulent and mutated forms](#). If vaccinations protect then why do the vaccinated fear the unvaccinated, perhaps because of their belief in vaccine-generated "[herd immunity](#)?"

Why is it not disclosed that because of many [vaccine failures](#) it is unrealistic to talk about achieving "[herd immunity](#)" via vaccines. [The theory](#) is not well-conceived also because vaccine types of disease eventually tend to differ from the circulating types.



“Oh my God, I cannot believe we did what we did. But we did,” lamented [Dr. William Thompson](#), CDC senior scientist and [whistleblower](#). In 2013 he revealed a CDC coverup of the causal relationship of the [MMR vaccine](#) and autism, [particularly](#) in [African American boys](#). (Dr. Thompson has been politically discredited. See why.)

Thompson said that the CDC knew about the MMR-autism link possibly as early as 2001. If so, the cover-up has contributed to be among the worst iatrogenic (caused by medical intervention) tragedies of our time. I don’t want to believe this, but I already know about the [Tuskegee Study](#) with 600 African American men and the [sterilizing of Puerto Rican](#) and [indigenous women](#).

### The CDC Schedule of Vaccines

1960	1983	2019**
5	24	74
Polio Smallpox DPT*	DPT* (2 mos.) OPV (2 mos.) DPT* (4 mos.) OPV (4 mos.) DPT* (6 mos.) MMR* (15 mos.) DPT* (18 mos.) OPV (18 mos.) DPT* (4 yrs.) OPV (4 yrs.) Td (15 yrs.)	Influenza (pregnancy) DTaP* (pregnancy) Hep B (birth) Hep B (2 mos.) Rotavirus (2 mos.) DTaP* (2 mos.) Hib (2 mos.) PCV (2 mos.) IPV (2 mos.) Rotavirus (4 mos.) DTaP* (4 mos.) Hib (4 mos.) PCV (4 mos.) IPV (4 mos.) Hep B (6 mos.) Rotavirus (6 mos.) DTaP* (6 mos.) Hib (6 mos.) PCV (6 mos.) IPV (6 mos.) Influenza (6 mos.) Influenza (7 mos.) Hib (12 mos.) PCV (12 mos.) MMR* (12 mos.) Varicella (12 mos.) Hep A (12 mos.) DTaP* (18 mos.)
*3-dose vaccines: • DPT/DTaP: diphtheria, tetanus, pertussis • MMR: measles, mumps, rubella		Influenza (18 mos.) Hep A (18 mos.) Influenza (30 mos.) Influenza (42 mos.) DTaP* (4 yrs.) IPV (4 yrs.) MMR* (4 yrs.) Varicella (4 yrs.) Influenza (5 yrs.) Influenza (6 yrs.) Influenza (7 yrs.) Influenza (8 yrs.) Influenza (9 yrs.) HPV (9 yrs.) Influenza (10 yrs.) HPV (10 yrs.) Influenza (11 yrs.) HPV (11 yrs.) DTaP* (12 yrs.) Influenza (12 yrs.) Meningococcal (12 yrs.) Influenza (13 yrs.) Influenza (14 yrs.) Influenza (15 yrs.) Influenza (16 yrs.) Meningococcal (16 yrs.) Influenza (17 yrs.) Influenza (18 yrs.)

**1986—Liability Shield**  
 Vaccine makers were granted 100% immunity from liability under the 1986 National Childhood Vaccine Injury Act. Parents/consumers cannot sue vaccine companies when their products injure. Since then, the childhood vaccine schedule has significantly increased. There are now hundreds of new vaccines in development.

Our children’s health began worsening at precisely the same time that the U.S. started expanding the types and total number of vaccines required for school attendance. Could this be just a coincidence?

Why is there such adamant official denial that there are any worrisome relationships of the standard CDC Schedule of Vaccines with the rise in autoimmune disorders, juvenile rheumatoid arthritis, diabetes, autism, epilepsy, ADHD, learning disabilities, SIDS, deadly allergies, and more such problems?

These diseases have been increasing dramatically for over 30 years. The late 1980s-early 1990s is viewed as the gateway period that launched this correlation. The Schedule lists the number and types of vaccines, which have increased from five in 1962, to seven in 1980, to 74 injections of 16 vaccines by 2019.

### The U.S. is #1 in Number of Vaccines Injected into Babies Prior to Age 1



Hepatitis B has been tested for only five days following injections in babies, yet unbelievably, is given the first day of a baby’s birth! Any problem which develops after that is not counted. A dangerous and unnecessary risk, as the amount of aluminum in that one vaccine is *14 times* what the FDA allows in an I.V.! Babies get three more doses during their first year. However, any immunity is gone by their teenage years when it might first be useful. How can this be even recommended?!

Why might it be time to question the [relationships](#) between Big Pharma and our oversight agencies, which are supposed to assure product safety?

**Research** reported in the *Journal of Autoimmunity* links the aluminum in vaccines with numerous serious disorders including autoimmunity, arthritis, macrophagic myofasciitis (inflammation of a muscle and its fascia), allergic reactions, chronic fatigue syndrome, multiple sclerosis, granulomas, systemic lupus erythematosus, autism, and other neurological disorders. (Aluminum is also in vaccines for pneumonia, DTaP, and shingles.)

Notably, one vaccine can amount to \$30 billion in profits, in just one year, for the pharmaceutical industry. **Big Pharma** has the most powerful lobby in the nation, wielding tremendous influence in major media, Congress, and government agencies. It spent \$637 million on at least 100,000 pages of advertisement in **professional medical journals** in 2016 alone. Editors bemoan **conflicts of interest**. "The medical profession is bought by the pharmaceutical industry, in teaching, practice, and research," says Arnold Relman, a Harvard professor and former editor of the *New England Journal of Medicine*, "I think it's disgraceful."

### **Can It Really Be Just a Coincidence?**

Why do officials dismiss as coincidental that after 1986 when vaccine manufacturers were given immunity for any harmful adverse effects, they began creating more and more vaccines and getting them added to the CDC Schedule? Autism, ADHD, asthma, and allergies have *doubled* since then. The incidence of autism is rising sharply. The CDC estimates that 1 in 10,000 children were diagnosed as autistic in the 1960s, then 1 in 300 in the 1990s, 1 in 150 in 2002, and 1 in 34-45 by 2014!

Time trend analyses show correlations between autism and number of vaccines by 18 months, as well as exposure to **aluminum** adjuvants. Research shows that vaccines given during pregnancy can induce an inflammatory response in the mother that can cross the placenta and potentially harm the fetal brain.

Pediatric auto-immune conditions are on the rise. The percentage of public-school children needing related special education services is now estimated to be 13% to 25%.

**At least 54% of our U.S. children have chronic illnesses**, and 49.5% of teens have mental disorders, according to a 2011 survey by the HHS.

Children are exposed to many neuro- and immuno-toxins that interact synergistically to damage their health. Mounting evidence indicates that toxins from the environment, such as heavy metals, pesticides, herbicides, flame retardants, air pollutants, fluoride, aspartame (artificial sweetener), and food additives are among the main culprits.

The CHD reports that the social and economic fallout from these health challenges is hitting home hard, with alarming impacts on employment, government and household finances, productivity, military recruitment, fertility, and intelligence. The heightened level of neurodevelopmental disability in males vs. females is also reshaping society.

Mystifyingly, there is little outcry in medical and government circles calling for answers and changes. But there are at least **240 vaccines in development** for 25 infectious diseases, as well as more **biologics**.



Life expectancy is falling, reports the CHD, and infant mortality is rising in the U.S. Our children are *76% more likely to die* before their first birthday than infants in other wealthy countries! Fifty-six countries have better infant mortality rates! The U.S. is injecting children with *triple the number* of vaccines as the countries with the lowest infant death rates.

Military leaders report that seven out of ten young Americans aged 17-24 are unfit to serve in the U.S. military because of obesity, asthma, hearing and eyesight problems, and mental illness. In contrast, Japan [has the lowest vaccination rate](#), the healthiest children, and the longest healthy life expectancy.

This data is documented in a free 29-page e-book, [The Sickest Generation: The Facts Behind the Children's Health Crisis and Why It Needs to End](#). It covers illnesses and steps to protect loved ones.

Dr. Alan Palmer also has compiled a free, user-friendly, 736-page e-book documenting thousands of scientists revealing the truth about vaccines, which counter the CDC claims. This travesty is detailed in [1200 Studies The Truth Will Prevail](#) (Updated to 1400 studies, May 2020) and can be downloaded by clicking link above.

In a 2019 article "[The Measles Vaccine Narrative Is Collapsing](#)," Dr. Palmer effectively **debunks** five of the statements in the government campaign of measles-related fear and coerced vaccine compliance: "1. If measles return, thousands of children will die annually in the U.S. 2. The two-dose MMR vaccine regimen will provide lifelong protection in most. 3. Vaccinated adults with waning antibody protection can receive effective and lasting protection from MMR booster shots. 4. We must achieve and sustain a 95% vaccination rate to maintain herd immunity. 5. The MMR and the MMR+ varicella (MMRV) vaccines will protect against all strains of measles."

He writes, "We are facing an unprecedented crisis in our nation and the Western world. There has been a meteoric rise in the rates of developmental delays, learning disabilities, allergies, asthma, autoimmune diseases, autism, and more in the way of chronic and debilitating diseases. Tragically, *we are losing a large portion of the next generations* to many neurological and neuro-developmental disabilities."

Dr. Palmer points out that although the vaccine industry likes to take credit for the decline in measles deaths, U.S. government statistics tell a different story. When the first harmful measles vaccine was introduced in 1963 and replaced with another introduced in 1968, the rate of deaths attributed to measles had declined by close to 99%, between 1900 and 1962, and was continuing downward. Since most cases were mild and not reported, the mortality rate was likely 1/10,000.

"Vaccine marketers teach believers to fear, shame, and scapegoat anyone foolish enough to question the sanctity of vaccines. This environment is not the domain of science; rather it's the breeding ground of tyranny," Dr. Palmer writes.

Why are parents who won't follow the CDC Schedule of Vaccines denied or rejected from service. At least one in five physician practices do not retain patients who refuse to vaccinate their children. Dr. Paul Ehrmann is one of them. Even so, he thinks "[policy changes](#) are likely the most effective means to change behaviors, if not hearts and minds...We must insist on evidence-based medicine."

Why are injections of foreign substances via vaccines into our bodies routinely prescribed, [even mandated](#)? These include adjuvants of mercury, aluminum salts, formaldehyde, egg protein, monosodium glutamate, as well as genetic-changing materials such as GMOs, bovine blood, and antibiotics.

Why are physicians and nurses being trained in [psychological methods to persuade](#) their patients to accept vaccines? If evidence-based science proving safety and efficacy was available, [isn't it common](#) sense that most parents would not need persuasion? Instead, parents are often pressured with platitudes: "Vaccines are safe and effective, and have only rare adverse effects" and that "[Science is settled on vaccines](#)," a most *unscientific* statement.

Why is it not revealed that these vaccines are grown in human fetal and animal cells, thus passing along their DNA, RNA, *and viruses*, unidentified and untested?

Why have the many books, articles, research, and documentaries exposing Big Pharma been ignored by the media. In 2018, Brett Wilcox authored [Jabbed: How the Vaccine Industry, Medical Establishment, and Government Stick It to You and your Family](#). According to the website, the book "demonstrates that the medical procedure hailed as the greatest medical advancement in history—vaccines—is a racket run by criminals and gullible believers who have replaced vaccine science with the religion of vaccinology."

My search continues to reveal alarming information. For a moment, I want to go back to "ignorant bliss." Yet, I need to find what is behind what [we don't want](#) before we focus on [what we do want](#).

The [Collaborative on Health and the Environment](#) concluded that the U.S. population is among the most susceptible to any virus because of its high rate of chronic conditions exacerbated by a range of toxins. The CDC [first-quarter 2020 U.S. Covid-19 data with pre-existing conditions are six times more likely to be hospitalized and 12 times more likely to die!](#) Italy reported that [99% of its Covid-19](#) deaths were people who suffered from prior medical conditions.

Barbara Loe Fisher, co-Founder of the National Vaccine Information Center (NVIC) asserts, "The health of a society is not solely measured by the absence of infectious disease, but more importantly, by the absence of chronic disease that also lowers a nation's life expectancy. Over 160 million people are afflicted with chronic poor health; that may be a reason why there have been more Covid-19 related deaths in the U.S. than other countries."

### **Covid-19**

Her article, "[How Fear of a Virus Changed Our World](#)," details that every year in the U.S., heart disease kills 647,000, lung disease kills 160,000, hypertension and stroke kills 146,000, and diabetes kills 83,000 people. Millions suffer cancer, immune and brain disorders.

Scientists are now finding blame for [heightened deaths](#) with air pollution, [PFAs](#) and other man-made chemicals, including endocrine-disrupters, found in our drinking water, food, household products, animals, fish, and us. These all contribute to chronic illnesses.

"The CDC lists chronic disease as the leading cause of death and disability in the U.S. Chronic diseases account for 75% of the U.S. health care costs, and are the cause of seven out of ten deaths!" writes Sayer Ji in his book [Regenerate, Unlocking Your Bodies Radical Resilience Through the New Biology](#).

He continues, "The good news is that our drug-based disease management system is largely replaceable by botanical medicine as well as dietary and lifestyle intervention. The empowering message—that your body can heal itself of the most feared diseases of our time—is no longer being trumpeted just by herbalists; it is now being accredited by medical professionals."



## Chapter 5: We Were Misled About Smallpox and Polio

Why are smallpox and polio vaccines still held up as the revered proof that vaccines are our salvation? Why were we not told that it was poor sanitation and nutrition, filth, lead, arsenic, **pesticides such as DDT** sprayed on us and everything, even the **vaccinations themselves** that caused the disabilities and death?



*The graphic above is a Time magazine ad from 1947.*

**Dr. Morton S. Biskind** published articles in 1953 documenting that the “polio” epidemics of the ‘50s and ‘60s have been clearly linked to **insecticide DDT**, benzene hexachloride (BHC), and arsenic and lead compound insecticides, which were produced by the agrochemical industry. These toxins were also in household fly killers, made at the same time. The insecticides inevitably found their way into our food, being potent neurological poisons, caused long-term weakness, paralysis, acute neurological poisoning, muscle wasting, brain damage, and even death.”

In **Dissolving Illusions: Disease, Vaccine, and the Forgotten History**, a 2013 book by Dr. Suzanne Humphries and Roman Bystryanyk, he wrote, “I continued to pore through hundreds of medical journals, long-overlooked books, and newspapers.

“I discovered *how science can go horribly wrong*. We can easily become captured by a belief system that is built on a shaky and flawed foundation. How often do we believe in something, not because we have done in-depth research on it, but because authority figures tell us it is the truth?

“(For example) Beyond the smoke and mirrors lie sketchy statistics, renaming of diseases, and vaccine-induced paralytic polio caused by both **the Salk** and the Sabin vaccines. Dr. Albert Sabin’s oral polio vaccine **continues to cause paralysis** in vaccine recipients today.” (Now only in third world countries, thanks to Gates Foundation funds. Banned in U.S.)

“Drs. Jonas and Darrell Salk, in *Science*, March 4, 1977, wrote: Polio live virus vaccines against paralytic poliomyelitis may produce the disease it is intended to prevent; the live virus vaccines against measles and mumps may produce such side effects as encephalitis. Both these problems are due to inherent difficulties of controlling live viruses in vivo, once in a person.” (Dr. Jonas Salk developed the polio vaccine by 1955.)

### Smallpox: Jenner’s “miracle” exposed

Bystryanyk continued: **According to the CDC**, “*In 1796, Edward Jenner inoculated a boy against smallpox and coined the term ‘vaccination’ to describe what he had done. Today, smallpox is a memory thanks to vaccination.*” This view is so universal that it has become the ‘founding **myth**’ of vaccination.

“Dr. Thurman Rice acidly observed in 1932, “It is not strange that health improves when a population gives up using diluted sewage as a principle beverage.

“A strict smallpox vaccination schedule in Boston, MA, did nothing. More people died from smallpox in the 20 years after the vaccines than in the 20 years prior.

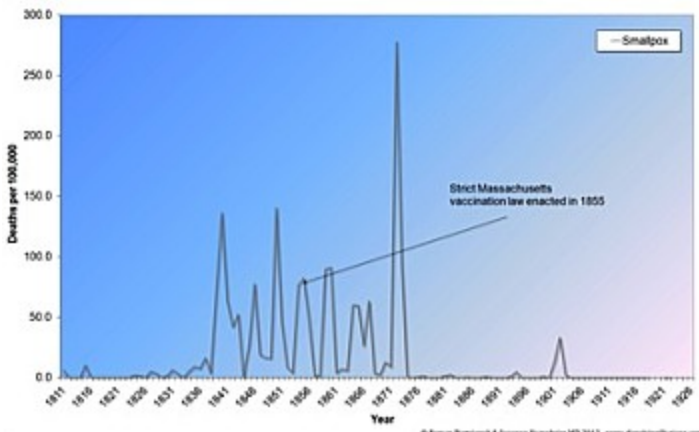


Figure 1. Boston smallpox mortality rate from 1811 to 1926. Diagonal line points to vaccination start.

“And as Figure 3 makes clear, the decline and eventual disappearance of smallpox in the UK had nothing to do with the vaccination rate: smallpox declined even as vaccination coverage dwindled.”

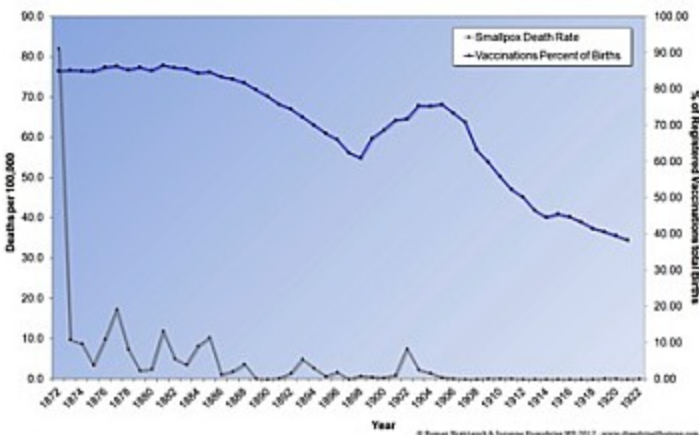


Figure 3. England and Wales smallpox mortality rate (top line) vs. smallpox vaccine coverage rates from 1872 to 1922 (bottom line).



## Lessons from Leicester

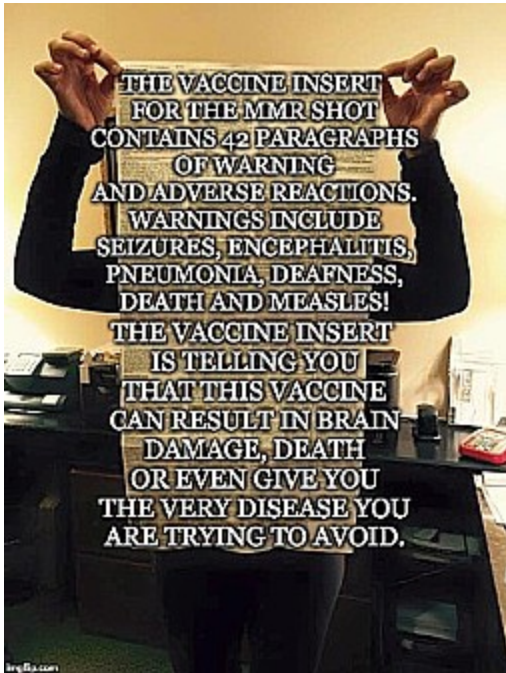
Humphries and Bystrianyk reported: “The public began to get wise to the deficiencies of widespread vaccination. On March 23, 1885, what became known as the “Great Demonstration” against compulsory vaccination took place in Leicester, UK. The greatest smallpox epidemic in Leicester coincided exactly with the period of greatest vaccination, and that smallpox deaths declined as vaccination rates plummeted. “One important reason for this was implementation of the ‘Leicester Method’: eschewing vaccination for the strict quarantine of infected smallpox patients and thorough disinfection of their living spaces.

“Leicester enjoyed better success against smallpox than other towns in England that were highly vaccinated. In the 1893 smallpox outbreak, a well-vaccinated district in nearby Flintshire, UK, had a death rate about 32 times higher than Leicester.

This was only one of many such examples. The smallpox outbreak in Yugoslavia in 1972 was halted through the Leicester Method. Later, the authorities vaccinated 18 million citizens with full knowledge of its ineffectiveness.”

Why do many Americans embrace vaccines and drugs as the solution to illnesses, even though there are [extensive adverse effects](#) even acknowledged by Big Pharma. There is also [iatrogenesis](#), the causation of disease, harmful complication, or other ill effect, i.e. death, by any medical activity, such as diagnosis, treatment, negligence, or error. Iatrogenesis is the third leading cause of death in the U.S.!

Many vaccine inserts list death, autism, encephalitis, epilepsy, seizures, meningitis, diabetes, allergies, cancer, asthma, Guillain-Barré, Alzheimer’s disease, and risk for stroke caused by bleeding and dementia.



Coauthor/editor of two books, [Vaccine Epidemic](#) and [The HPV Vaccine On Trial](#), Mary Holland, J.D., writes, "Look up an insert for the polio vaccine or the diphtheria/tetanus/pertussis (DTP) vaccine (which lists) 50 possible side effects, typically including death. The propaganda rolls on, 'Vaccines are safe and effective,' but when you look for evidence of this, it's just not true."

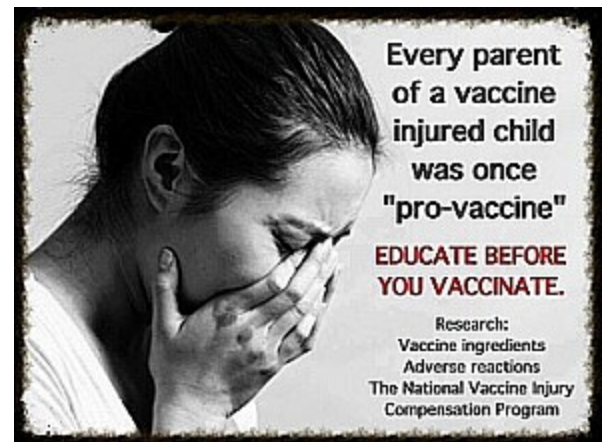
There *IS* evidence that the [HPV vaccine increases the risk](#) of cervical cancer by 45%. Check on the Principia Scientific International website.

Why shouldn't we be alarmed that in 1986 Big Pharma demanded indemnity from responsibility for harm from their vaccines? This followed lawsuits filed by parents in the 1980s against manufacturers and providers, as a result of serious adverse events related to the vaccine for DTP. The Congress and President Reagan granted the industry immunity, while providing a "no-fault" [Vaccine Injury Compensation Program](#) (VICP) via the 1986 Childhood Vaccination Injury Act (NCVIA).



Why is it not proof enough that there is a serious problem with vaccines, given that the VICP has already paid out over \$4 [billion for injuries and deaths](#)? Plaintiffs have to sue the government (not the manufacturers) which is defended by our same government. The plaintiffs have to overcome huge hurdles to achieve any compensation and justice. Barely one-third are even granted hearings.

If that were not bad enough, the [HHS estimates that less than 1% of adverse reactions even get reported!](#)





Why doesn't the U.S. government require informed consent for giving vaccines? And why are the [wealthy less likely](#) to have their children vaccinated?

## Covid-19

Why was the [Countermeasures Injury Compensation Program](#) (CICP) needed to compensate persons for serious injuries or deaths from pandemic, epidemic, and broadened to include security countermeasures? Authorized by the Public Readiness and Emergency Preparedness (PREP) Act of 2005, why isn't there a listing of what has already been paid out for injuries? Where is the transparency we have a right to expect?

Why are we not protesting another PREP Act issue, providing [liability immunity](#), retroactive to February 4, 2020, for medical countermeasures against *Covid-19*, i.e. drugs, vaccines, biologics, and devices? This applies to "manufacturers, distributors, agents, qualified persons, agents, employees, and the U.S government."

Why isn't there more widespread questioning about the likely linkage of patents and profits? Why is it considered ethical that the Patent and Trademark Law Amendments Act of 1980 (commonly called the Bayh-Dole Act) which [allows universities and businesses of any size](#), to develop vaccines funded with our government (taxpayer-funded) grants and contracts, to patent, profit from, and control the pricing and availability of the vaccines?

Why is it not a [conflict of interest](#) for [federal employees](#) of the CDC, the U.S. [National Institute of Allergy and Infectious Diseases](#) (NIAID) including its director, Dr. Anthony Fauci, and the Food and Drug Administration (FDA) to [co-patent and thus financially benefit](#) from vaccines they are "monitoring" for safety and efficacy?

## Chapter 6: The Supreme Court and the WHO Express Concerns

Why isn't it a "red flag" that the U.S. Supreme Court ruled in 2011 that vaccines are "[unavoidably unsafe](#)?" It denied plaintiffs their claim of serious adverse effects and set an inhumane precedent. "[Justice Sotomayor](#), with Justice Ginsberg joining, wrote in her dissent: Its decision leaves a vacuum in which no one ensures that vaccine manufacturers take account of scientific and technological advancements."



Why, of the more than [\\$3 billion](#) recovered for fraud by the Department of Justice for 2019, \$2.6 billion relate to the medical industry, including drug and device manufacturers, managed care providers, laboratories, physicians, hospitals, and pharmacies? Recoveries total more than *\$62 billion* since 1986.

Common Dreams.org posted this June 29, 2020:

**[Gilead Announces \\$3,120 Price Tag for COVID-19 Drug Developed with \\$70 Million In Taxpayer Support](#)**



## The World Health Organization

Why isn't the mainstream media echoing the [alarms raised](#) by the Global Advisory Committee on Vaccine Safety (GACVS) at the WHO Global Vaccine Safety Summit, December 2019?

At the Summit, the WHO Chief Scientist Dr. Soumya Swaminathan, MD, expressed her frustration to fellow medical scientists, saying: "We're not able to give clear-cut answers when people ask questions about the deaths that have occurred due to a vaccine...we cannot overemphasize that we don't have very good safety monitoring. Deaths occur after vaccines, but in most cases there is obfuscation about the cause." Five days before, in a promotional [video](#), she assured the public that "vaccines are perfectly safe. "



Heidi Larson, PhD, stated: "We have a wobbly health frontline that is starting to question...the safety of vaccines. (They) don't have enough confidence about the safety to stand up for it. In most medical schools, even nursing schools, you're lucky if you have a half day on vaccines, never mind keeping up-to-date."

At the same Summit, Martin Howell Friede, WHO's Coordinator for the Initiative for Vaccine Research, acknowledged the absence of safety data regarding vaccine adjuvants as, he said, they have not actually been tested to evaluate their safety. He added that these adjuvants are most often blamed for serious adverse reactions and are even injected into babies.

## Covid-19

Why is there support for the Federal government's *Operation Warp Speed* which encourages Big Pharma to skip most safety protections to [rush vaccines](#) to us? This is dangerous given researchers have been trying without success to develop a safe vaccine for corona viruses (i.e., SARS, and the closely related RSV virus) for more than [30 years](#).

Six years ago, four trial vaccines did develop robust antibodies in the ferret test subjects, but once the test subjects were exposed to the virus, they got violently ill and died. A similar phenomenon happened in the 1960s when a vaccine was developed for RSV. The developers skipped the animal tests and injected the vaccine into 35 children. Although they developed good antibodies, when exposed to the virus, they got seriously ill and two died.

In 2014, under Dr. Fauci, a vaccine was developed for dengue fever. Even though developers noted signs of this "pathogenic priming," they injected hundreds of thousands of children in the Philippines, and 600 died!

Why should we trust a vaccine for the Covid-19 virus, which has mutated multiple times already? Even if the vaccine "works" for the virus in its current form, what if a later mutated form triggers "pathogenic priming" and becomes extremely lethal?

Why might there be other [reasons](#) being suggested for the motives behind speeding up the vaccine, including population control and profit? Pascal Soriot, chief executive of AstraZeneca, a British-Swedish company, frontrunner in the race, said May 24<sup>th</sup>: "We have to run as fast as possible before the [disease disappears](#) so we can demonstrate that the vaccine is effective."

"As American taxpayers, we are justified in asking why," *writes William Haseltine in Forbes*. "If the *disease is disappearing* of its own accord, why throw billions of dollars at developing a vaccine? The HHS has already agreed to provide up to \$1.2 billion to AstraZeneca and another \$483 million to frontrunner Moderna to develop their experimental candidates."

In April 2020, Moderna skipped the animal tests for a Covid-19 vaccine and started testing humans. They chose *Haydon* for the study because of his robust *good health*. He was among 15 volunteers in the *high dose group*. Less than 12 hours after the injection, Haydon suffered muscle aches, vomiting, a 103.2 degree fever, and he lost consciousness. Within 45 days, Moderna said three of volunteers, a shocking 20%, experienced "*serious*" *adverse events*.

Starting in June 2020, an experimental vaccine against Covid-19 developed at the University of Oxford is being tested with 2,000 humans in Brazil. Officials said, "Volunteers are health professionals between 18 and 55 years old and must be at high risk of infection, for example, *cleaning and support staff* treating Covid-19 patients." (i.e., low income *Black and Brown people*; testers also are targeting Africa).

*Ellen Brown*, an attorney, founder of the Public Banking Institute, and author of 12 books, including the best-selling *Web of Debt*, writes, "The argument advanced for fast-tracking a COVID-19 vaccine was that the magnitude of the pandemic required shutting down the economy until a vaccine was found. But earlier dire projections have now been heavily revised downward.

"The 3.4% Covid-19 mortality rate put forward by the WHO and the CDC at the start of the pandemic was downgraded by the CDC in May to between 0.2% and 0.3%, less than one-tenth the estimates."

Why is nearly *every death* now listed as a *Covid-19* death, exaggerating the numbers and generating even greater fear? On March 24, the *CDC* told doctors and coroners to list Covid-19 as the cause of death, even if that person had one or more chronic health conditions and hadn't been tested for Covid-19. Many think the deaths are still *undercounted*. And the *Covid-19 tests* seem totally *unreliable*. *How can we trust* the numbers? Why is it so difficult to *find the truth* about *Covid-19*?

Why would we allow ourselves to be injected or tattooed with what *Gates* calls "*digital certificates*" or *tracking devices* serving as an immunity passport (an in-person vaccination record) which potentially could *control* our ability to travel, work, or go into public places, just like now in Communist China.

Likely it will be presented by our *government* and public health officials as the *need to protect* us from each other. One *technology* is already developed and uses microneedles that deliver patterns of near-infrared light-emitting microparticles to the skin, which can be imaged using modified smartphones. A *first version* of a Covid-19 tracker was "upgraded" quietly on all smart phones in late June 2020.

Why don't we plan to reject, *en masse*, an anticipated government *mandate* that Covid-19—or any vaccine—be *injected into our bodies*, with *no right of refusal*?

"If the State can tag, *track down*, and force citizens against their will to be injected with biologics of known and unknown toxicity, there will be no limit on which individual freedoms it can take away for greater good," writes Barbara Loe Fisher, NVIC Co-Founder.

An *NVCI article* describes the U.S. National Vaccine Plan. "It is designed to make sure that everyone in America gets every dose of every vaccine that officials recommend now and in the future.

“There likely will be lots of questions about whether the Covid-19 vaccine was studied long enough, especially for people at greater risk for vaccine reactions who have trouble resolving strong inflammatory responses. However, the CDC will likely recommend that all Americans get the coronavirus vaccine.”

In “[Vaccine Ethics and Children: With Covid-19, Science Has Completely Lost Its Way](#),” James Lyons-Weiler, President of the Institute for Pure and Applied Knowledge, writes, “Covid-19 science should have set a new standard for vaccine safety research. Instead, it has lowered the bar. Unless the science being conducted on these vaccines is held to the standards for ethical clinical research, no parent, physician, or politician should support their general use, regardless of ACIP, CDC, WHO, AMA, AAP, and FDA- expected rubber-stamp recommendations. The regulatory system we have is fatally flawed and must be replaced with one free from profit motive. (We) will make every effort to assure that these captured organizations’ impairment of evidence-based medicine is ended. In [a recent article](#), Bill Gates anticipates ‘the Covid-19 vaccine will be part of the newborn vaccine schedule.’ Any scientist should [object vehemently to the inclusion of children](#) in Covid-19 vaccine studies,” says Lyons-Weiler.

Why not a national campaign to promote healthy lifestyles as a [prevention](#) strategy for all disease. What about supporting natural [treatments](#), instead of vaccines? What about [alternatives](#)? **Good health and wellness can be contagious, too!** At least in Huntington, NY, health officials told their residents to go on a [diet to halve their risk](#) of harm from Covid-19!

Author Kim Stanley Robinson stated what I have sensed. “The virus is rewriting our imaginations. What felt impossible has become thinkable. We know we’re entering a new world, a new era.”

## Helpful Covid-19 Treatment Supplements

[Articles.mercola.com/sites/articles/archive/2020/04/07/coronavirus-treatment.aspx](https://articles.mercola.com/sites/articles/archive/2020/04/07/coronavirus-treatment.aspx);

[Easyhealthoptions.com/low-vitamin-d-contributes-to-severe-covid-19-infection](https://easyhealthoptions.com/low-vitamin-d-contributes-to-severe-covid-19-infection/);

[Ccforum.biomedcentral.com/articles/10.1186/s13054-020-02851-4](https://ccforum.biomedcentral.com/articles/10.1186/s13054-020-02851-4);

[Sermo.com/press-releases/sermo-reports-zinc-and-vitamins-c-and-d-recommended-by-global-physicians-to-treat-and-build-resistance-to-covid-19](https://sermo.com/press-releases/sermo-reports-zinc-and-vitamins-c-and-d-recommended-by-global-physicians-to-treat-and-build-resistance-to-covid-19).

[Interferon as Treatment](#)

**“In the course of history, there comes a time when humanity is called to shift to a new level of consciousness, to reach a higher moral ground. A time when we have to shed our fear and give hope to each other. That time is now.”**

**Wangari Maathai in her Nobel Peace Prize acceptance speech, December 10, 2004**



## Chapter 7: Changing the World by Changing Ourselves

### What If

What if we question the “[Decade of Vaccines](#)” that is being implemented worldwide?

Initiated in 2010 by [Bill and Melina Gates](#), (also funding at least seven vaccine factories), they committed \$10 billion to a powerful collaboration of entities, already receiving funds thus major influence from the Gates. This group includes the United Nation’s WHO (Gates is its largest funder); the GAVI Vaccine Alliance (founded by Gates); UNICEF, the [Global Polio Eradication Initiative](#), and the Global Fund (all three of which receive large [donations](#) from Gates); and the NIAID (see page 18), with Dr. [Fauci](#) as director, (also receiving large funding from the Gates Foundation).

This group developed a “Global Vaccine Action Plan” to direct the international vaccine community with an ambitious vision to achieve by 2020: “A world in which all individuals and communities enjoy lives free from vaccine-preventable diseases.”

Those who dismiss the questions raised by this e-book, likely will have no problem with this [massive campaign that is a win-win for pharmaceutical companies and potentially mandated vaccines](#).

I ask that it at least be noted that the intense emphasis on world-wide vaccinations has, without a doubt, steered WHO’s attention and funding away from health promoting projects that are proven to curb infectious diseases, such as clean water, community and economic development, improved hygiene, and better nutrition.

What if we help make more people aware that “during moments of shock (such as a pandemic) and emergency when people are worried about whether or not they’re going to have a job, whether or not they are going to be able to feed their kids, there is limited excess capacity to protect your democratic rights. And that’s why we see these kinds of power grabs in these moments [of shock](#),” stated Naomi Klein, author of *[The Shock Doctrine: The Rise of Disaster Capitalism](#)*.

What if we alert people, as does this article whose title warns: “[Allergy Risks Increase as FDA Changes Food Labeling Requirements During Covid-19 Pandemic](#).” About 32 million American live with food allergies. In 2018, it was estimated that 8% of the U.S. population, or 1 in 13 children and 1 in 10 adults, had a food allergy. According to the CDC, food allergies increased 50% between 1997 to 2011. Between 1997 and 2008, [peanut and tree nut allergies tripled](#) in American children. In the U.S. each year, allergic reactions to food cause 200,000 people to seek emergency medical care.” (NVIC)

As another of many examples, what if people knew the Environmental Protection Agency (EPA) recently ended a drive to regulate a [widespread contaminants](#) in drinking water linked to brain damage in infants. The EPA rejected warnings that the move will mean lower IQs for many children.

### Annual Flu Vaccines

An article in the *British Medical Journal* reports, “We hear so much about the vital importance of [flu shots](#) that it will come as a nasty surprise to learn that they increase the risk of illness from non-influenza virus infections such as rhinoviruses, coronaviruses, RS viruses, parainfluenza viruses, adenoviruses, HMP viruses, and enteroviruses.”



July 1, 2019, the American Association of Retired Persons (AARP) reported that the pneumonia vaccine [Pevnar 13 was no longer recommended](#) for healthy adults over 65. “Give thanks,” I say.

What if we refuse the flu shots that are so highly touted? In his well-documented letter to Dr. Sanjay Gupta, entitled “[Flu Misinformation and Coronavirus Fears](#)” Robert F. Kennedy, Jr. reported on a 2004 workshop for the Institute of Medicine, where the CDC presented a blueprint for its annual campaigns entitled, “[Recipe for Fostering Public Interest and High Vaccine Demand](#).” The speaker explained it was necessary to use fear marketing to sell vaccines. They called for television medical experts to “state concern and alarm” about “and predict dire outcomes” from the flu season.

The CDC outlined a plan to encourage journalists to describe each season as “very severe,” “more severe than last or past years,” and “deadly.” They stressed that it was important to inspire “concern, anxiety, and worry” among young, healthy adults who don’t regard the flu with sufficient dread.

Speaking of the flu, “The [evidence](#) is limited that vaccines lower the risk of influenza and ILI (flu-like symptoms). There are biases in the design or conduct of the studies,” concludes *Cochrane*, an independent organization which conducts [systematic reviews](#) of health-care tests and interventions and publishes them in the [Cochrane Library](#). “The studies are of poor quality, insufficient, or old and provide no clear guidance for regarding the safety, efficacy, or effectiveness of influenza vaccines for people aged 65 years or older.” ([Nine reasons to avoid flu shots](#).)

**Censorship reflects society’s lack of confidence in itself. It is a hallmark of an authoritarian regime. Potter Stewart**

What if we become [fully informed](#) that vaccines have already caused long-term adverse effects for millions of children and adults, rather than being told these effects are rare? Researchers referenced on the U.S. National Center for Biotechnology Information website, postulate that “an [educated public](#) will probably increasingly demand proper safety studies before widespread immunization. We believe that the outcome of this decision will be the development of safer vaccine technology.”

Another revealing read coming from the CHD, “[The Varicella Vaccine, Skyrocketing Shingles and CDC Chicanery](#)” reports how chicken pox vaccines are *not* providing the lifelong immunity that the natural virus does. And most alarmingly, the vaccine is *increasing* the rate of painful shingles and lowering the age of those developing it, even down to children. It also explains the collusion going on behind the scenes.

What if we, as responsible adults, are [encouraged to question](#) the safety and efficacy of the vaccines’ current formulation and delivery schedule, as well as the vaccine for Covid-19. This injection is to be given worldwide as the “[final solution](#),” pronounced on a video, at 2 minutes, by Bill Gates. (Just a slip?)

Instead, questioners are being discredited, censored, banned from social media, and labeled anti-vaxxers, vaccine resistant, conspiracy theorists, and a scourge.

Some important voices being discredited and deleted are whistleblowers [Dr. Steven Kaufman](#), [Dr. Andrew Wakefield](#), [Dr. William Thompson](#), and [Dr. Judy Mikovits](#), along with others, including Dr. Sherry Tenpenny, Del Bigtree, Robert F. Kennedy, Jr., Dr. Rashid Buttar, (see them speaking their truth as they are interviewed on [LondonReal.tv](#)), Mary Holland, J.D., and Dr. Suzanne Humphries.



Polls have consistently shown that [liberals are more](#) likely to support mandated vaccines, although that would take away our sovereign right to choose what is injected into our bodies. *“Where there is risk, there must be choice and informed consent,”* I say.

I pause to reflect. Some of the information that I feel is important to expose comes from political “strange bedfellows.” However, just because I don’t agree with their “conservative” political perspectives, I choose not to discount most what they bring to light about vaccines. While I caution myself not to “throw the baby out with the bathwater,” this does test my critical thinking skills, as I was raised as a Republican. For me, it is not about political party persuasions, it is about what is good for our health and human rights. I join with others in saying that, now, neither major political party is adequately addressing and protecting these rights.

I have long resonated more with the Democratic Party platform. I felt Congressman Adam Schiff was most credible during the impeachment of the president process. Thus, I am appalled to see that [Schiff wrote](#) to Google, Facebook, and Amazon asking for limits to be placed on information posted relating to vaccines.

Schiff stated, “In fact, the World Health Organization listed ‘vaccine hesitancy,’ the reluctance or refusal to vaccinate despite the availability of vaccines, as one of the top threats to global health in 2019.” I ask, could this statement have been influenced by vaccine advocate Bill Gates, the largest funder of the WHO?

Schiff also wrote, “There is no evidence to suggest that vaccines cause life-threatening or disabling diseases, and the dissemination of unfounded and debunked theories about the dangers of vaccinations pose a great risk to public health.” How he can say that, given all the evidence to the contrary? It seems evidence of Big Pharma’s lobbying, propaganda, and procured science.

Within a day of [Schiff’s letter](#) to Amazon on March 1, 2019, Amazon removed the popular videos [Vaxxed](#) and [Shoot ‘Em Up: the Truth About Vaccines](#) from its platform for streaming videos, thus depriving access for members of the public. That is frightening [censorship](#).

What if we insist that [Facebook](#), Instagram, and YouTube stop banning content that appears to contradict the CDC and the WHO in any way. What if we become outraged at this digital “book burning?”

(This graphic is not for or against any political party; to me it colorfully expresses that health and human rights must be considered innate and beyond party affiliation!)



What if we boycott [Google](#) for altering results and banning websites preventing users from pulling up anything that threatens vaccine and drug profits? What if we question why accurate information about natural health and wellness is so hard to find on a [Google](#) search? Could its actions be the result of Google now owning a pharmaceutical company headed by the former chairman of GlaxoSmithKline's global vaccines? (GSK repeatedly has been implicated for fraud.)

What if we insist on freedom of speech, including digital speech, and that we want to decide for ourselves what is real and what is fake? Our freedom of speech as a basic right is getting more and more restricted.

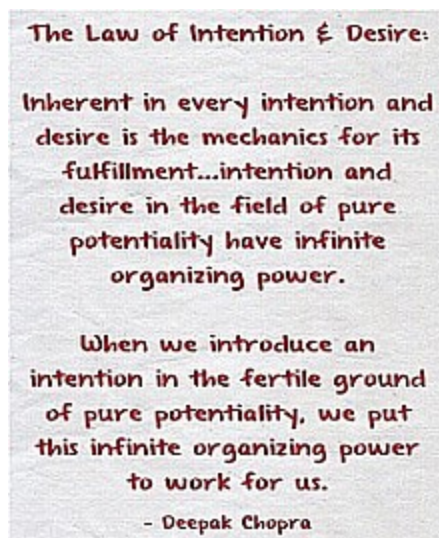
I find that [fact-checkers](#) are not reliable when it comes to subjects such as the environment, health advice, vaccines, EMFs, and other interests of the profiteers, because the information is clearly biased according to their procured "facts."

What if we could count on unbiased [fact-checker](#) sites? For example: [fact-checker.com](#) (with historic [funding](#) from the Gates Foundation) primarily pulls up sites emphasizing vaccines are safe and do not cause toxicity or encephalopathy. In contrast, even vaccine inserts state those containing aluminum and/or mercury can cause encephalopathy.

And beware of [Wikipedia](#) which has slandered and libeled people, who are then blocked from editing the lies and misrepresentations about them.

What if we organize an ongoing campaign to [help people](#) develop critical thinking skills? How might we make sure we are free to examine uncensored sources, evidence, and other information?

What if we question, as did author Mary Holland, J.D., writing in her *Dissolving Illusions* book: "Why do we believe something? Is it because everyone else believes it? Is it because our family and community believe it? Is it because we were told to believe it by someone in a position of power and respect? Were we taught to believe it in school? Do we believe it because the idea has existed for a long time? What if it were nothing more than an illusion?"



### Our Intention Creates Our Reality

Through all of this questioning, I am motivated by the lives of our families' newest generation to do my part in creating a joyful and comfortable world where they can thrive. My world view values the decisions of well-informed persons who care about our communities and environment, rather than an elite few. I am counting on humanity's innate goodness and Love's power to overcome all adversity when applied by a mutual intention of many.

[Fill your hearts](#) with joy, (click this link) and let's move together across the desert to light up a better world.

## How Might We

How might we strengthen our minds, bodies, and spirits to carry us through the crises?

**Hopi Shaman White Eagle** says that when the storm eases, we will be important in the reconstruction. We need to be well and strong. And, for that, there is no better way than to maintain a beautiful, happy, and bright vibration. This is a resistance strategy. With many indigenous people, there is a rite of passage called the quest for vision. Through this portal, they gain a new vision of the world because they have faced their fears and their difficulties. This is what is asked of us...to envision the world we want. He urges us to stay serene in the storm and connect to the collective power of our Higher Consciousness.

**Breathe.** Fear is without breath. When we can use our physiology to expand our capacity for breath, we invite Love into our bodies. We introduce expansion into our vocabulary, allowing ourselves to see the growth and possibility in each situation.

**Meditate.** Calm down and be still. Meet the sacred every day. Good things will emanate.

**Sing, dance, have fun,** light the fire, and resist through art, joy, faith, and Love. Don't feel guilty about being happy. We can't help when we feel sad and without energy. This spiritual dimension keeps us from falling into useless pessimism and lack of meaning.

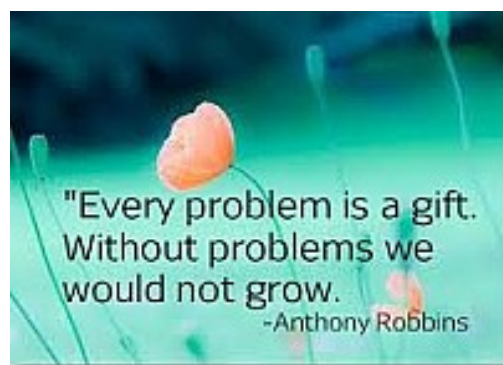
**Enjoy the 'now.'** Because fear lives in the past (through memories) and future (through worries), the more we stay present to what is happening around us, the more we are open to life's unfolding.

**Nourish and trust our bodies.** When we are at a crossroad, where a decision needs to be made, we shall trust our bodies instead of weighing pros and cons or debating merits. Listen and attune to our physiological response to know where we experience the greatest expansion.

Sometimes, the answer may surprise us, but it is important to remember that we can't possibly be aware of all the answers to our quandaries. What may seem dependable and solid may not be so. It is amazing what our bodies know and communicate that our minds cannot comprehend. (*from White Eagle*)

What if we urgently demand that Congress put into law the **CHD's Six-Step Vaccine Safety Project**, presented to them in 2018, that "details the actions necessary to introduce transparency and sound science to our nation's vaccination program, thus eliminating current inadequate science and conflicts of interest, and enacting desperately needed changes that put children's health first."

What if we join with many scientists in calling for an official moratorium on vaccines for at least five years to officially study causal relationships that have been proven yet remain unrecognized and discredited.





How might we join together to protect ourselves, our grandchildren, our Mother Earth, and our future? Listen as [Dr. Cornel West](#) speaks most powerfully about the Love, not hate or revenge, that was uplifted at George Floyd's funeral (killed by police May 25, 2020, sparking world-wide protests). Dr. West urges us to insist on integrity, honesty, and accountability, and to draw upon fortitude and courage.

***The highest expression of Love is creativity.***  
**Deepak Chopra**

"Love doesn't lie; love tells the truth. Love doesn't hide; love steps forward. Love doesn't promote self; love cares for others first. Love doesn't strike out; love embraces and holds tightly. This is what the call for justice in America is about today, a call for this kind of love. For as the philosopher Cornel West said: '[Justice is what love looks like in public](#), just like tenderness is what love feels like in private'," writes Mark Wingfield, pastor and author of "[Why we must not look away in the current crisis](#)."



### **How might we collectively make a difference?**

The *Childrens Health Defense's* mission is to end the epidemic of children's chronic health conditions by working aggressively to eliminate harmful exposures, hold those responsible accountable, and establish safeguards so this never happens again.

"The way you get democracy to function is by informing the public. Each time (we) stand up for an ideal, or act to improve the lot of others, or strike out against injustice, (we) send forth a tiny ripple of hope, crossing each other from a million different centers of energy and daring those ripples to build a current which can sweep down the mightiest walls of oppression and resistance," wrote Robert F. Kennedy, Jr., [Childrens Health Defense](#), [Waterkeeper Alliance](#).

*Solutions for Humanity* provides streamlined actions, seamless connections, and vetted products to inspire and implement solutions for humanity so that people can live their best lives on their own terms. It is led by Josh del Sol, a filmmaker and rights advocate known for the 2013 documentary expose on "smart" utility meters. *Take Back Your Power* won the AwareGuide's Transformational Film of the Year Award and the Leo award for Best Feature Documentary.

Josh is also a recipient of the Annual Humanitarian Award from Indie Fest. Josh was the host of the 5G Summit, which exposed the significant negative downside of 5G technology. In this event, Josh interviewed 40 of the world's leading PhDs, legal experts, researchers and public safety advocates, sounding alarms. [SolutionsforHumanity.net](#).



The *National Vaccine Information Center* (NVIC) is a clearinghouse for information on diseases and vaccine science, policy, law, and the ethical principle of informed consent. It publishes information about health and vaccines to encourage educated decision-making. NVIC supports the availability of all preventive health care options and the legal right for individuals to make informed, voluntary health choices. NVIC is dedicated to preventing vaccine injuries and deaths. It defends the right to freedom of conscience and supports the inclusion of medical, religious, and conscientious belief exemptions in laws and policies. To learn about vaccine legislation pending in any state and talking points to education legislators, [NVIC Advocacy.org](https://www.nvic.org/advocacy); [NVIC.org](https://www.nvic.org).

*Stand for Health Freedom* is an organization that exists for “conscientious Americans to take a stand via direct contact with officials and persons in positions of influence. We believe in the preservation of constitutional and human rights in America and that where there is a risk, there must be a choice. We assert that mandatory medicine and consensus-based science are a threat to democracy and basic human rights. Now is the time to stand in solidarity and insist that the U.S. Constitution continue to provide protection of each citizen’s right to exercise religious freedom, bodily sovereignty, self-possession, and privacy. These are the values upon which this nation was built.” Go to: [StandForHealthFreedom.com](https://standforhealthfreedom.com); [GreenMedInfo.com](https://greenmedinfo.com).

*I Can Decide*. The Informed Consent Action Network, states that “you are the authority over your health choices and those of your children. In a medical world manipulated by advertising and financial interests, reliable information is hard to find and often harder to understand. Our goal is to put the power of health information, which is researched scientifically, in your hands and to be transparent and bold in doing so, enabling your medical decisions to come from tangible understanding, not from medical coercion.” Motto: “Eradicate Man-Made Disease.” [ICANdecide.org](https://icandecide.org).

*350* is “building a future that is just, prosperous, equitable, and safe from the effects of the climate crisis. We are an international movement of ordinary people working to end the age of fossil fuels and build a world of community-led renewable energy for all. Since 350.org’s first Global Day of Action, in 2009, we have reflected on lessons learned, celebrate our wins, and looked to the fights ahead.

“Ten years later, we see people from all walks of life committed to taking action to solve it. And we’re growing every day. To build a just, equitable, and fossil fuel-free world, we need you with us.” [350.org](https://350.org).

*The Leap*’s mission is to advance a radically hopeful vision on addressing climate change by building a more just world, while building movement power and popular support to transform it into a lived reality. The Leap draws on the ideas and networks of co-founders, Naomi Klein and Avi Lewis. The team has deep roots in organizing, operations, coalition-building, and communications. As new people are brought in, Green New Deal coalitions are expanded beyond traditional environmental groups and the foundations are laid for a cultural shift inspiring widespread political and public support. Sign the [Leap Manifesto](https://theleapmanifesto.org).

"Moments of shock are volatile. We either lose ground, get fleeced by elites, and pay the price for decades, or we win progressive victories that seemed impossible just a few weeks earlier. This is no time to lose our nerve," writes Naomi Klein. [TheLeap.org](https://www.theleap.org/).

The *Sunrise Movement* "demands a new chapter in this country and encourages other groups in the climate and environmental movement to join us in speaking out. As climate activists, we imagine a world that looks nothing like our own, one where we stop climate change by transforming our whole economy.

"This fight against climate change exists alongside the fight against white supremacy and colonialism. We see it in pipelines that tear through Indigenous lands. We see it in every factory pumping pollutants into [Black neighborhoods](#). We see it in every cage at our borders imprisoning immigrants who tried to escape famine and drought. Now is not the time to stay on the sidelines." [SunriseMovement.org](https://sunrisemovement.org/).

*Extinction Rebellion* is an international movement that uses nonviolent civil disobedience in an attempt to halt extinction and minimize the risk of social collapse. Life is under threat. Yet every crisis contains the possibility of transformation. Heralded by the young, people are waking up and coming together. We catch glimpses of a new world of love, regeneration, and respect. It's a future found in the fierce love we have for our children.

We rebel for this, calling in joy, creativity and beauty. We withdraw our consent for ecocide, oppression and patriarchy. We rise up for a world where power is shared for regeneration, repair, and reconciliation. We rise for love in its ultimate wisdom. Our vision stretches beyond our own lifespan, to a horizon dedicated to future generations and the restoration of our planet's integrity. Together, our rebellion is the gift this world needs. We are XR and you are us." [Rebellion.com](https://rebellion.com/).

*Pachamama Alliance*, empowered by their partnership with indigenous people, is dedicated to bringing forth an environmentally sustainable, spiritually fulfilling, and socially-just human presence on this planet.

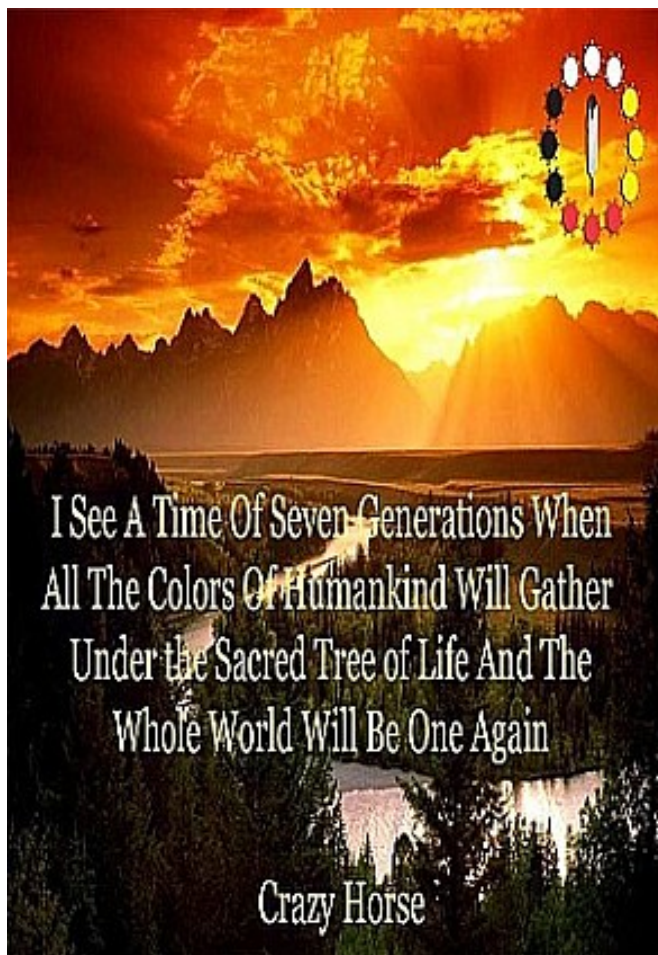


### Guiding Values:

- The universe is friendly and the evolutionary Force that put the stars in motion is still moving through us and is a dynamic, self-organizing process whose grace and guidance we can trust.
- Human beings are by nature collaborative and cooperative and innately desire the success of the human species and all life. When barriers to our natural expression are eliminated (i.e. resignation, myths of separation and scarcity), we cooperate for common, long-term good.
- Human beings are not separate from each other or Nature. We are totally inter-related, and our actions have consequences to all. What we do to others and the Earth we do to ourselves.
- Indigenous people are the source of a worldview and cosmology that can provide powerful guidance and teachings for achieving our vision.
- Transforming the way that people see and relate to the world and the possibilities they see for the future is a powerful way to effect social change.
- Systems of ongoing oppression and inequality exist in the world. The outcomes generated by those systems are directly in opposition to our vision of a thriving, just, and sustainable world.

### Underlying Assumptions

- We already possess sufficient resources, technology, and know-how to reverse these trends. What is missing is the sense of urgency and the popular and political will to act.
- If present trends continue, the probable future for life on Earth will be defined by periods of substantial social, environmental, and economic disruption, if not complete collapse.
- Without concentrated human intervention, certain tipping points will be reached that will make our present trajectory irreversible.  
[Pachamama.org](http://Pachamama.org).



### **References**

Click on the [highlighted](#) blue words for references.

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[How Media Deceives about Asymptomatic Transmission](#) July 2020

[Flu Vaccines: What are the Facts?](#)

[European Protest for Medical Freedom Munich 2020](#)

[CHD's Dafna Tachover, Talks About 5G Dangers](#)

[African Americans are Disproportionately Affected by Vaccines](#)

#### **Websites:**

[ChildrensHealthDefense.org](#); [Food Revolution.org](#); [EWG.org](#); [TheHighWire.com](#); [SilentSpring.org](#); [TheTruthAboutVaccines.com](#); [TheSmartHuman.com](#); [350.org](#); [HealthandEnvironment.org](#); [DrSuzanne.net](#); [EnvironmentalHealthNews.org](#); [CorbettReport.com](#); [Questioningcovid.com](#); [LondonReal.tv](#) *interviews* [Politics and Prose](#) Zoom interviews with authors. [SarahChayes.org](#)

#### **Films, videos, documentaries:**

[Plandemic](#); [The 5G Trojan Horse](#); [60 Minutes'](#) – [Swine Flu 1976 Vaccine Warning](#); [VAXXED: from Cover-Up to Catastrophe](#); [VAXXED II](#); [1986: The Act](#); [Vaccine Nation](#); [Shoot 'Em Up: the Truth About Vaccines](#); [Dr. Kaufman Interview on The Real Science of Germs](#) with authors of "What Really Makes You Ill;" [Dr. Cowan explains New Biology and viruses](#); [Vaccine Syndrome](#) [Gulf War Syndrome](#)/range of illnesses/[anthrax vaccine](#); [Trace Amounts](#) about ethyl mercury poisoning; [Bought](#) film on vaccines by Jeff Hayes and Dr Toni Bark

["Let's Debate the Science!"](#) RFK, Jr. on Politics



[The Truth About Fauci—Dr. Judy Mikovits](#)

[Here's why Bill Gates wants indemnity... Are you willing to take the risk?](#)

[Contact Tracing and the HEROES Act with Mary Holland: A Special Solari Report.](#)

[CHD's Mary Holland Talks H.R. 6666](#)

[RFK, Jr. Discusses Aborted Fetal Tissue and Vaccines with Dr. Theresa Deisher](#)

[Covid-19: Robert F. Kennedy, Jr. and Del Bigtree Talk About the Vaccine](#)

[The Truth About Vaccines 2020—Vaccine Roundtable Part 2, Video and Transcript](#)

[“Truth” with Robert F. Kennedy, Jr.](#)

[Nobel Prof. Montagnier: Covid-19 Caused by a Vaccine Experiment Gone Bad?](#)

[RFK, Jr. & Dr. Joseph Mercola: Is There a Vaccine for Coronavirus?](#)

[My Fight Against Mandatory Vaccinations, Big Pharma, And Dr. Fauci, Ben Swann Destroys Fact-checkers Who Didn't “Fact Check” His “Flagged” Reports.](#)

#### **E-books:**

[The Sickest Generation: The Facts Behind the Children's Health Crisis, Why It Needs to End](#)

[The Truth Will Prevail: 1200 Studies that refute vaccine claims](#), by Dr Alan Palmer.

[Conflicts of Interest](#), ethical betrayals, lack of integrity impeding sound vaccine safety science.

#### **Books:**

[Dissolving Illusions: Disease, Vaccine, and the Forgotten History](#), by Suzanne Humphries, MD, and Roman Bystrianyk

[Regenerate Unlocking your Bodies' Radical Resilience Through the New Biology](#), Sayer Ji

[The Unvaccinated Child: A Treatment Guide for Parents and Caregivers](#), Elizabeth Camp and Judith Thompson

[Plague: One Scientist's Intrepid Search for the Truth About Human Retroviruses and Chronic Fatigue Syndrome, Autism, and Other Diseases](#), and 2nd book:

[Plague of Corruption: Restoring Faith in the Promise of Science](#), Kent Heckenlively Judy Mikovits, PhD

[No Vaccines for Me!](#) Kathleen Dunkelberger, RN

[The Vaccine Book: Making the Right Decision for Your Child](#), Robert W. Sears, MD

[Vaccine Epidemic: How Corporate Greed, Biased Science, and Coercive Government Threaten Our Human Rights, Our Health, and Our Children](#) by Louise Kuo Habakus and Mary Holland (editors)

[The HPV Vaccine On Trial: Seeking Justice for a Generation Betrayed](#), Mary Holland, J.D.

[When Healing Becomes a Crime: The Amazing Story of the Hoxsey Cancer Clinics and the Return of Alternative Therapies](#) by Kenny Ausubel

[How Vaccines Wreck Human Immunity: A Forbidden Doctor Publication](#) by Dr. Jack and Mary Stockwell

[Deadly Medicines and Organised Crime: How Big Pharma has Corrupted Healthcare](#) by Peter Gotzsche; [Death by Medicine](#) by Dr. Gary Null, Martin Feldman, and Debora Rasio.

[Jabbed: How the Vaccine Industry, Medical Establishment, and Government Stick It to You and Your Family](#), by Brett Wilcox

[The 9 Steps to Keep the Doctor Away](#): Simple Actions to Shift Your Body and Mind to Optimum Health for Greater Longevity, Dr. Rashid Buthar

[The Invisible Rainbow: A History of Electricity and Life](#)  
Arthur Firstenberg

[What Really Makes You Ill](#): Why Everything You Thought You Knew About Disease is Wrong, by Dawn Lester and David Parker

[The Mystery Illness At Nichols Jr High](#)  
[Known Possible Effects of 5G](#)

[CDC data claims to be the Covid 19 Virus](#)

[Dr Kaufman what really may be Covid19](#)

[Virus Mania](#): Avian Flu (HSN1), Cervical Cancer (HPV), SARS, BSE, Hepatitis C, AIDS, Polio (How the Medical Industry Continually Invents Epidemics, Making Billion-Dollar Profits at Our Expense) by Torsten Engelbrecht

[AIDS, Opium, Diamonds, and Empire: The Deadly Virus of International Greed](#) by Dr Nancy Turner Banks

[Crooked: Man-Made Disease Explained](#): The incredible story of metal, microbes, and medicine - hidden within our faces by Forrest Maready

[Murder by Injection](#): The Story of the Medical Conspiracy Against America by Eustace Mullins

[On Corruption in America](#) by Sarah Chayes

[CDC Says in Federal Court There Is No Evidence Vaccines Don't Cause Autism](#). March 8, 2020

[Fast Progress on Covid-19 Vaccines](#) July 30, 2020

[How Best to Persuade Americans to Get the Covid-19 Vaccine](#), August 3, 2020.

[Special Solari Report: Vaccine Mandates](#)

[I'm in the Humane Middle...not Radical Left](#)

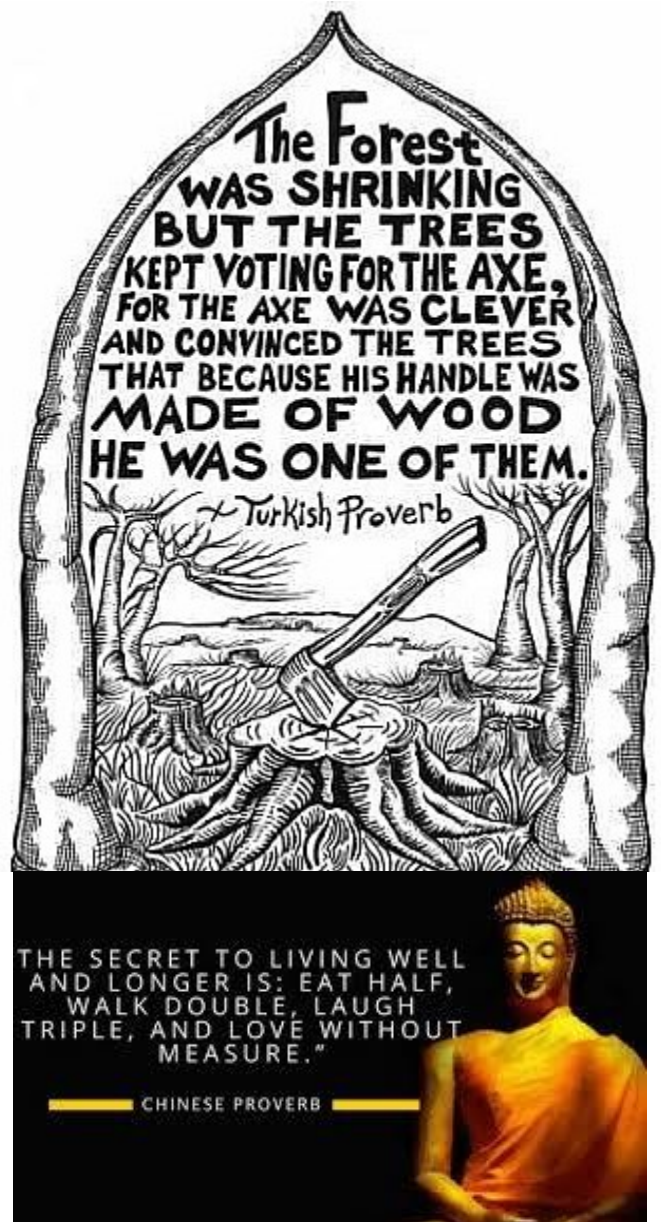
[How to bring about Success with Climate Change](#)  
69% in U.S. Worried about Covid-19 Vaccine Safety

[The 1918 Spanish Flu Caused Partly by Vaccinations](#)

[The-1918-spanish-flu-only-the-vaccinated-died/](#)

[Federal Government report: Anti-Meningitis Shots Given to Soldiers](#)

[Vaccination Condemned](#) Book by Eleanor McBean



*You have to act as if it were possible  
to radically transform the world.*

*And you have to do it all the time.*

*Angela Davis*

Please note that the selected persons highlighted here, including ones referenced earlier within my e-book, may or may not share my caution about vaccines.

### Epilogue

#### Small Actions Are Now Having Greater Impacts

Since I understand that everything is connected, it seems helpful to put awareness-building and action steps related to this one toxic *source* into a larger context. Many authors and activists have inspired me. Five rousing female visionaries can be found at the website [Bioneers.org](http://Bioneers.org).

I feel it is not enough just to know what we want. Now we need to know how to make it happen and to believe we *can* make a difference. Neuroscience, epigenetics, and quantum physics explain how ordinary people are achieving the extraordinary by accessing an “[energy field of all possibilities](#).”

Deepak Chopra describes it as a field of infinite intelligence, the potential of natural law: it seems many may refer to as Jah, Jehovah, YHWH, God, Allah, the Creator, Universal Consciousness, or Living Force.

Chopra explains that this energy field organizes the universe: “the movement of galaxies, the seasons, bird migrations, fish returning to spawning grounds, the biological rhythms of nature as found in flowers, vegetation, animals, and human bodies.

“The universe is the interaction of all the forces and elements that create balance and harmony. The word universe literally means “one song” (uni: one; verse: song). In this song there is peace, laughter, and joy.”

I resonate with Chopra’s assertion that we all have access to this powerful field, but with our “free will” we have misdirected our energy, which has gravely disrupted this universal harmony.

To learn how to access this field, I urge readers to consider immersion in transformation experiences through guides such as [Dr. Joe Dispenza](#), [Dr. Kelly Brogan](#), [Deepak Chopra](#), [Dr. Bruce Lipton](#), [Dr. Christiane Northrup](#), and [Marianne Williamson](#).

This is an exciting time. It is said that everything in nature is evolving to a higher level of existence. Even without trying or thinking, we humans, just by virtue of our existence are evolving to a higher level of awareness, too. As we realize this, we focus our attention on evolving even faster.

I am reminded of the Mayan calendar which ended on December 20, 2012. Fortunately, it wasn’t the end of the world. It seems this era is a time of breaking down old systems and birthing a new, more enlightened age.

#### Gathering Under the Sacred Tree of Life

[Dr. Nafeez Ahmed](#) summarizes, “The pandemic has emerged as a long-predicted symptom of systems in slow collapse. It is already rapidly accelerating the process of decline and emerging chaos. (At the same time) it has opened up unthinkable possibilities for outsized change and systemic transformation.”

He quotes [Arundhati Roy](#): “Historically, pandemics have forced humans to break with the past and imagine their world anew. This one is a portal, a gateway between one world and the next.”

We are at a critical fork in the road. Our economy, designed for infinite (and unsustainable) growth, is on a crash course, taking everything and everyone with it.

Riane Eisler, author of [The Chalice and the Blade](#), wrote, "Societies are patterned on either a dominator model in which human hierarchies are ultimately backed up by force or the threat of force, or a partnership model, with variations in between."

An energizing "partnership" model for meeting the needs of all people within the planet's resources, "[Doughnut Economics](#)" was developed by [Kate Raworth](#), a Senior Research Associate at Oxford University. Now, a most sought-after "former-renegade" economist, she explores the economic mindset needed to meet the challenges. Already Costa Rica and Amsterdam have organized to apply this model. Hundreds more localities are expressing interest.

This [National Geographic](#) article outlines "circular economy" concepts created for a more equitable world. Chris Oestereich explains "[Why Circular Economics is Not an Option](#)."

"We will prosper in the pursuit of life, or we will perish in the pursuit of money. The choice is ours," says [David Korten](#), co-founder of Yes! magazine.

Korten writes, "A Great Turning to an [Ecological Civilization](#) cannot be led by institutions created to secure the relationships of an [Imperial Civilization](#). Leadership must come from "We the People." With no precedent to guide us, we must learn as we go, sharing the lessons of our experience as we withdraw our support from the old economy and live into being the institutions of a New Economy aligning with Ecological Civilization's vision of possibility. The [Great Turning](#) is a possibility: not a prophecy. The choice is in our hands.

"Towards this end, it is imperative that we, the people of Earth, declare our responsibility to one another, to the greater community of life, and to future generations."

*Thank you for joining me on this journey toward a safe, satisfying, sane, and humane world. Stay tuned for forthcoming editions of "Cheri's Queries."  
In gratitude, Cheri Avery Black*

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WhatsApp: 876.517.8504.

[www.CheriAveryBlack.com](http://www.CheriAveryBlack.com) (memoir)

[www.Live-ItUp.com](http://www.Live-ItUp.com) (e-book on healing from a Stage 4 cancer diagnosis in three months, and this e-book)

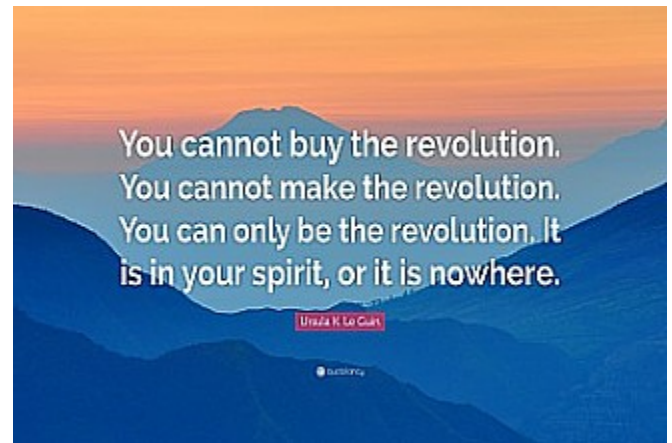
[www.TopazDreamPalace.com](http://www.TopazDreamPalace.com) (guest home in Montego Bay, Jamaica)

Facebook: Alkalife Jamaica (detox retreat and organic farm tour)

Cheri Avery Black

Topaz Dream Palace

Loving To Be WE



*it  
always  
seems  
impossible  
until it is  
done*  
Nelson Mandela



### Summary of Important Considerations

You are encouraged to become fully informed about the risks and complications of diseases and vaccines before making a [vaccination decision](#). Questions:

1. Am I or my child sick right now?
2. Has my child or I had a bad reaction to a vaccine?
3. Is there a personal or family history of neurological disorders, allergies, or immune system problems?
4. Do I know the disease risks and vaccine risks??
5. Do I have full information about the side effects?
6. Do I know how to ID and report a vaccine reaction?
7. Do I know I need to keep a written record, with the manufacturer's name and lot number?
8. Do I know I have the right to an informed choice?
9. Do I know how to help keep healthy with an alkaline diet, grateful response to stress, adequate movement, rest, and reduction of toxins from my environment?
10. Do I really want any potentially harmful vaccine adjuvants injected into my body or my child's body not knowing whether or not we may be vulnerable?

The federal government quickly needs to take these [Six Steps to Vaccine Safety](#):

1. Subject vaccines to a scientifically rigorous approval process. (I suggest that the rationale given that it's unethical is unethical, or why is it OK for drugs?)
2. Require the reporting of all vaccine adverse events. Automate the *Vaccine Adverse Event Reporting System (VAERS)* and *Vaccine Safety Datalink (VSD)* databases for research.
3. Ensure all parties involved with vaccine approvals and monitoring are free from conflicts of interest.
4. Reassess the vaccines recommended by the Advisory Committee on Immunization Practices (ACIP) prior to the adoption of evidence-based guidelines.
5. Study why some individuals are more susceptible to vaccine injury.
6. Support fully-informed consent and individual rights to refuse vaccination.

[Frequently asked questions](#) with responses.

Since August 2020:

[Plandemic: InDoctorNation](#), Film premier

[From Lockdown to Police State](#) Ellen Brown

[Big Pharmas COVID-19 Profiteers](#) Rolling Stone

[Vaccines=Humans 2.0](#) Concerns by Dr. Carrie Madej

[Volunteers to the Earth](#) A perspective on the creation of a new world on Earth.

[The Contagion Myth](#): Why Viruses are Not the Cause of Disease, authors Thomas S. Cowan, MD, and Sally Fallon Morell tackle the true causes of COVID-19.

[Why a 2009 Swine Flu Vaccine Caused Narcolepsy](#)

[Jab featuring GSK Vaccine that Went Wrong](#) 6-minute

[CDC Aug 2020 report: Only 6% Covid-19 labeled deaths were exclusively Covid-19](#)

[Awaken in the Dream](#) by Paul Levy (Life-changing)

